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Wednesday, August 22, 2012



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Alberta sees first homegrown West Nile case in three years

Warning. Residents are being urged to take precautions, although officials say widespread outbreak is unlikely



JEREMY NOLAÏS
Metro in Calgary

Health officials revealed Tuesday that a southern Alberta woman is the first to contract the mosquito-borne West Nile virus here in three years.

Alberta Health Services did register one case of the virus in 2010, but it was contracted by a resident travelling out of province, Dr. David Strong said.

And while there have been nearly 700 cases of the virus south of the border this summer,

Strong said there is little cause to panic. "The message is to be proactive rather than reactive," he said.

Officials refrained from specifying exactly where the West Nile case occurred, citing patient confidentiality and a need for all Albertans to remain vigilant since the neurological form of the virus can prove fatal in rare cases.

Edmonton pest management officials expressed little worry of a local outbreak Tuesday. "The number (of mosquitoes) were very low (this year), about one-tenth of what we have seen before," said pest management spokesperson Holly Budd. "They did peak in early August but they're falling again."

City officials have also only found two *Culex tarsalis* mosquitoes, the main West Nile-transmitting species, during

Protect yourself

Alberta Health Services suggests the following ways to prevent mosquito bites:

- Apply mosquito repellent with DEET.
- Wear a hat and long-sleeved clothing, and stick to lighter colours.
- Consider staying indoors at dawn and dusk when mosquitoes are most active.

numerous trappings over the course of the summer. "The risk remains very low here," Budd said. For more information about the West Nile virus in Alberta, head to fightthebite.info. **WITH FILES FROM KATIE TURNER**



Albertans are being urged to take a few precautions after a case of West Nile was confirmed by provincial health officials. CENTERS FOR DISEASE CONTROL AND PREVENTION/THE ASSOCIATED PRESS FILE

No place to put garbage

Mayor Stephen Mandel thinks that Edmonton streets need to have more trash containers

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Body-parts victim ID'd

Body parts found in Toronto-area waterways belonged to a 41-year-old single mother of three

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Celebs churn out kids' lit

From Jay Leno to Julianne Moore, famous folks are writing children's books in droves

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Women's baseball

Three more Cubans go missing during Edmonton tournament

Three more Cuban baseball players have disappeared after the World Cup of Women's Baseball held in Edmonton last week.

The Edmonton International Baseball Foundation confirmed that the three players were declared missing after they failed to appear at the closing ceremonies on Sunday at Telus Field.

The organization would not release the names of the three women.

Ron Hayter, chairman of EIBF, said the whereabouts of the players are unknown, but he believes they may have headed to the United States, following in the footsteps of Odrisleis Pequero Del Sol, 21, their teammate who fled to the U.S. with her boyfriend last week.

"These players obviously planned to defect here long before our tournament began," said Hayter, who created the EIBF in 1981.

"We can't guard all the players. It's up to the delegation to watch over them."

This is not the first time the EIBF has seen Cuban baseball players vamoose.

In 2008, three players from the Cuban men's team defected during the World Junior AAA Championship. One of them later signed a contract with the Kansas City Royals.

This is the second time the EIBF has hosted the World Cup of Women's Baseball in Edmonton.

SAROLTA SASKIW/FOR METRO



Garbage bins were the hot topic at city hall on Tuesday, as councillors discussed whether there are enough on the streets, as well as whether separate containers should be set up for recycling in city-owned public places. HEATHER MCINTYRE/METRO

More garbage cans needed on city streets: Mayor

Waste management. Residential and commercial areas need to be looked at, city official says



HEATHER MCINTYRE
heather.mcintyre@metronews.ca

There aren't enough garbage cans on Edmonton streets, Mayor Stephen Mandel says.

"It makes it very difficult for people to actually put garbage in garbage cans," Mandel said during a council committee meeting on Tuesday.

While walking his dog through his residential area each morning, Mandel said he comes across one garbage bin in 1.3 miles, and that

Recycling options

- Edmonton was one of the first cities in North America to have curbside recycling, and about 89 per cent of residents take part.
- When it comes to city-owned public places, there are separate litter and recycling containers in LRT

stations and recreation centres.

- The city has also placed black metal garbage cans along Whyte Avenue, 124 Street, 118 Avenue and 100 Avenue that have a rim on top where bottles and cans can be placed.

even downtown they are too far apart.

"(People) are not going to walk a block, it's not going to happen," he said.

Roy Neehall, manager of the city's waste-management services branch, said the goal is to have a waste receptacle at the corner of each block in areas such as downtown, and

more if it is a well-travelled street.

But there are no goals for residential communities, he added, though some bus stops have garbage cans as well as areas near convenience stores.

"(Mandel) raised a very valid concern, and we will look at the placement of con-

tainers and report back on what can be done and at what cost," Neehall said.

The issue came up as councillors discussed the lack of bins that separate litter and recycling in city-owned public places.

Those waste receptacles generally contain hazardous items, meaning they aren't sorted and go straight to landfill. Neehall said the same kinds of things would turn up in separated recycling containers.

Therefore, instead of spending \$180,000 on a pilot project, the committee passed a motion that the material be redirected into a feedstock for the bio-fuels centre slated to open next year.

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30-year plan. Edmonton council endorses national transit vision

Public transit in Edmonton is on the right track, according to the president and CEO of the Canadian Urban Transit Association (CUTA).

Michael Roschlau presented the CUTA's Transit Vision 2040 to a council committee on Tuesday. Councillors voted to join more than 30 other Canadian cities and endorse the plan, which is a blueprint for optimizing transit access and mobility over a 30-year period.

"I'm impressed with the plans for light rail. I'm impressed with the increase in ridership. I'm impressed with the new technology that's being brought forward," Roschlau said of Edmonton, adding

Transit targets

- According to the CUTA, the target average annual transit trips per capita for a city of Edmonton's size should be 120 in 2040.
- Transportation boss Bob Boutilier said that number is currently 99, should be 107 in 10 years, and that 120 for 2040 is probably a low estimation.

a transit-oriented community on the city centre airport lands will be "tremendous."
HEATHER MCINTYRE/METRO

100-year anniversary

Legislature lights to cost \$40,000

The lights are bright and colourful under the dome of Alberta's historic legislature.

The government is spending \$40,000 on new accent lights to showcase the building each night in anticipation

of its 100th birthday.

"They're just building up a little excitement for the centennial," said Roxanne Nanuan, a spokeswoman with Alberta Infrastructure.

She said the LED lights rotate from magenta to blue and green on the lower dome every 10 seconds. Lights on the face of the dome are blue.

THE CANADIAN PRESS

Flight diverted to EIA due to unruly passenger



A passenger was taken off an airplane diverted to Edmonton International Airport, pictured here in a file photo, after an alleged assault on board the aircraft. COURTESY EDMONTON INTERNATIONAL AIRPORT

Bound for Calgary.

Drunk man allegedly assaulted crew member, another passenger on Air Canada flight from England: RCMP

One of the passengers aboard a Calgary-bound flight from the U.K. said an unruly passenger harassed her for more than an hour before the plane was grounded in Edmonton.

An Air Canada flight to Calgary from London, England, had to be diverted Monday. Air Canada spokesman Peter Fitzpatrick said police boarded Flight 851 in Edmonton on Monday afternoon and removed a male passenger.

Irene Bekes said her 22-year-old daughter Annelies Bekes was sitting behind the man on the flight on her way to Victoria, B.C.

Bekes said her daughter told her that for more than an hour, the man was yelling, making inappropriate comments and had grabbed her.

"It was really, very uncomfortable for her," said Bekes. "My daughter, and any other passenger on that plane, has the right to feel safe."

Mounties said a drunk man allegedly assaulted a female crew member and another passenger, and did some minor damage to the Boeing 777.

"There was an escalation of events where he was belligerent to the staff and not obeying crew orders," said RCMP Staff Sgt. Shawn Lemay.

"When your behaviour is such that it forces an aircraft to make an unscheduled stop, it's certainly quite serious."

There were 349 passengers and 11 crew on board. Staff restrained the man with plastic zip ties and duct tape before the plane landed in Edmonton, Lemay said.

Justin Frank, 35, of Calgary is facing several charges. He is in custody and is scheduled to appear Thursday in provincial court in Leduc, Alta. THE CANADIAN PRESS/WITH FILES FROM KATIE TURNER/METRO

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Mark Heinrich, left, with worker Joel Lefevre, estimates he's squeezed thousands of lemons at his popular lemonade stand at this year's fringe. He credits the hot weather for a booming business. LUCY HAINES/FOR METRO

Fringe frenzy takes over Edmonton

Fringe festival at 31.
On pace to a record-breaking year

LUCY
HAINES
edmonton@metronews.ca

It's the mid-point of the giant street party they call the fringe, and if the weather stays fine, organizers expect this year's edition to beat last year's numbers. The first half of the 10-day theatre festival has seen record crowds descend upon the beer tents and kids fringe in Old Strathcona, and ticket sales are already at

60 per cent of last year's after just the first weekend.

Balmy temperatures are a big reason, and a steady growth in off-site BYOVs (bring your own venue) is giving the fringe an increased presence in town — allowing for more artists and patrons to take part. And then there's the food.

"We try to change vendors every year, but you can't get away from the green onion cakes," laughed Roszell.

Big crowds are very welcome to fringe artists—who get 100 per cent of ticket sales. For Ron Long, who forms Il Duo with fellow tenor Clint Hagel it's a pass-the-hat ven-

By the numbers

Canada's oldest and largest fringe, this year called The Village of the Fringed, offers 275 acts on indoor and outdoor stages, attracting around 500,000 people.

ture at a 40-minute outdoor show of operatic song, comedy and audience participation — often twice a day, every day.

"We'll do better outdoors this year than we did last year indoors and off-site," said Long, who likes the higher exposure and risk of doing a show with people steadily milling by.

19th century romp 'n' rolls

Honest and earnest in its performances, Spring Awakening is a two-hour musical at Strathcona High School, a BYOV and home to the large cast of high school alumni. The tale of a 19th century German town where young people are feeling the stirrings of sexuality highlights some lovely voices and tender innocence with a modern, 21st century twist — rock 'n' roll music and issues of sexual abuse, incest and suicide mingled with seething anger and repression. Director Linette Smith and music man Stephen Delano have done a fine job with this young cast, and though the venue is cramped and hot, it's worth seeing.

LUCY HAINES/FOR METRO

Il Duo's got sass appeal

Take two Saskatchewan boys — classically trained tenors — add some comic wit and the piano stylings of Gail Olmstead, and you've got Il Duo, a smart and sassy variety show playing to outdoor audiences on the fringe grounds. If you remember the Smothers Brothers, it's like that — one the straight man, one the funny fella. Charming the audience with interactive, silly banter and a hilarious spoof of Leonard Cohen's Hallelujah, the talented twosome surprise and satisfy with a tender version of Danny Boy. The 40-minute show seemed to scratch the surface of what the energetic singers can do. It left me wanting more.

LUCY HAINES/FOR METRO

Self-deprecation gives dino might

What's funny about crippling anxiety and a life of epic failure? Well, a lot when told by Sam S. Mullins, whose one-man show Tinfoil Dinosaur has great buzz and plenty of sold-out audiences to show for his 50-minute narrative. It's honest, raw and yet funny when someone is as open and self-deprecating as Mullins, telling audiences to say yes when strange things happen in life. This new work plays on site at the Strathcona Library, and has won accolades at the Toronto, Montreal and Winnipeg fringes. It's one of those gems fringe-goers are looking for.

LUCY HAINES/FOR METRO

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Jack's message of hope

"Let us be loving..." This monument to beloved former NDP leader Jack Layton was unveiled in a Toronto cemetery on Tuesday. Layton's ashes will be spread at a private ceremony Wednesday, marking the one-year anniversary of his death. **RENE JOHNSTON/TORSTAR NEWS SERVICE**

Victim in grisly killing is named

Body parts found in waterways. 'Nice and normal' Guang Hua Liu was a single mother of three and owned holistic spa in Toronto

Body parts found scattered in Toronto-area waterways belonged to a single mother of three, police say.

Guang Hua Liu, 41, worked at a Toronto body rub parlour for a year before leaving to start her own business.

"Her life was good enough that she opened her own business," said Bei-Bei Ni, who owns Asia Studios — where Liu worked for a year.

"Of course we're all sad ... she was a nice, normal person. She wasn't a whacko."

She was last seen by friends late in the afternoon on Aug. 10 as they dropped her off at her new spa in east Toronto, police said.

On Aug. 15 her right foot



An officer holds a photo of victim Guang Hua Liu. **MICHELLE SIU/THE CANADIAN PRESS**

was found in the Credit River in Mississauga.

Liu's head and hands were later discovered in the river in Hewick Meadows Park area.

Two calves, a thigh and an arm were found in West Highland Creek in Toronto.

She had three children —

one is an adult and the other two live with their father, said Insp. George Koekkoek.

Police are treating the case as a homicide.

A neighbour, Lillian Lantz, said Liu had a boyfriend named Ken.

THE CANADIAN PRESS/WITH FILES FROM TORSTAR NEWS SERVICE

Kroeger proposed

Avril's singing a love song

They're a new Canadian musical power couple.

People magazine is reporting that pop star Avril Lavigne and Nickelback frontman Chad Kroeger are engaged.

Lavigne, 27, and Kroeger, 37, first got together in February to co-write a song for Lavigne's upcoming fifth studio album, *People* reports.

Now after a six-month relationship, the Canadian rockers are planning to get married, a Lavigne aide said.

"A romantic relationship blossomed as they spent time writing together," said a Lavigne insider.

On Aug. 8, Kroeger reportedly proposed, presenting Lavigne with a 14-carat diamond ring.

It will be Kroeger's first marriage and the second for Lavigne, who split from Sum 41 frontman Deryck Whibley in 2009.

TORSTAR NEWS SERVICE

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Delaware. Daycare workers allegedly formed toddler fightclub

A child-care centre in Delaware has had its business licence suspended after police arrested three employees who allegedly encouraged toddlers to fight.

The arrests were made Monday after police discovered a cellphone video of three women working at the Hands of Our Future daycare in Dover, the state capital, allegedly encouraging two three-year-olds to duke it out.

"He's pinching me," yells one child in the video.

"No pinching, only punching," is a worker's response, according to the Dover Police.

"It was a difficult video to

watch," Dover Police Capt. Tim Stump told FoxNews.com. "One of the kids involved ran over to one of the adults for protection, but she turned him around back into the fight."

Tiana Harris, 21, Estefania Myers, 21 and Lisa Parker, 47, have been charged with multiple counts of assault and endangering the welfare of a child.

"I know these teachers. I go on all the field trips. I've never seen anything irregular," said Amy Bickerling, whose four-year-old son is enrolled at the centre, to Delawareonline.com.

TORSTAR NEWS SERVICE

4th record attempt

Swim across Florida Straits cut short

Diana Nyad ended her fourth attempt in nearly 35 years to swim across the Straits of Florida on Tuesday, her dream of setting a record thwarted by storms, jellyfish stings, shark threats, hypothermia and swollen lips.

Nyad, who turns 63 on Wednesday, was attempting



Diana Nyad THE ASSOCIATED PRESS

to become the first person to cross the Florida Straits without a shark cage. THE ASSOCIATED PRESS

Syrian minister warns against U.S. intervention



Syrian Deputy Prime Minister Qadri Jamil speaks during a news conference in Moscow on Tuesday. SERGEY PONOMAREV/THE ASSOCIATED PRESS

Civil war. Qadri Jamil called Obama's warning over use of chemical weapons 'propagandistic threats'

President Barack Obama's warning over chemical weapons in Syria indicates the West is looking for a pretext for military intervention, a senior Syrian government official said Tuesday following talks in Moscow.

Syrian Deputy Prime Minister Qadri Jamil warned against any such intervention.

"Those who are contemplating this evidently want to see the crisis expand beyond Syria's borders," he told journalists in comments translated into Russian. The Syrian civil war, which began with a popular uprising in March 2011, is already spilling into neighbouring Lebanon.

Obama said Monday the U.S. would reconsider its opposition to military involvement in Syria if President Bashar Assad's regime deployed or used chemical or biological weapons.

Jamil described Obama's

Negotiations

Jamil said the government would be willing to discuss Assad's resignation but only after the opposition agreed to join in negotiating a peaceful settlement.

- "Making his resignation a condition for dialogue effectively makes holding such a dialogue impossible," Jamil said. "During the negotiating process any issues can be discussed, and we are ready to discuss even this issue."

statements as "propagandistic threats" connected with the U.S. presidential election. However, he also said they indicate that "the West is looking for a pretext to intervene militarily," adding, "we must say that such intervention is impossible."

Russia, which along with China has steadfastly backed Syria and blocked UN sanctions on Assad's regime, earlier warned Syria against using chemical and biological weapons. THE ASSOCIATED PRESS

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Politico censured over rape remark in defence of Assange

Britain. WikiLeaks founder was accused of sex offences during a trip to Sweden in 2010

A British lawmaker was chastised by the leader of his own political party Tuesday over his claim that the sex acts WikiLeaks founder Julian Assange is alleged to have committed do not constitute rape.

George Galloway, a leftist political outsider who represents the anti-war Respect party, attempted to defend As-



A placard of WikiLeaks founder Julian Assange is seen outside the Ecuadorian Embassy in London on Tuesday.
ALASTAIR GRANT/THE ASSOCIATED PRESS

sange in a video blog posted Sunday, saying that accusations against him showed "bad sex-

ual etiquette, but whatever else it is, it is not rape."

Assange has fought for two years to avoid extradition to Sweden to be questioned over allegations of sexual molestation, unlawful coercion and rape made by two women. For the last two months, he has been hiding in Ecuador's Embassy in London, out of reach of British authorities.

"Even taken at its worst, if the allegations made by these two women were true, 100 per cent true, and even if a camera in the room captured them, they don't constitute rape. At least not rape as anyone with

any sense can possibly recognize it," Galloway said in the video. "It might be really sordid and bad sexual etiquette, but whatever else it is, it is not rape or you bankrupt the term rape of all meaning."

Salma Yaqoob, leader of the Respect Party, said Galloway's remarks "are deeply disappointing and wrong."

One woman accuses Assange of intentionally damaging a condom during sex. A second woman claims he had sex with her while she was asleep, which can be considered rape under Swedish law.

THE ASSOCIATED PRESS

U.S. Akin renews vow to stay in race amid rape controversy

A defiant Todd Akin dismissed pleas from top Republicans to abandon his besieged U.S. Senate campaign Tuesday, saying party leaders including presumptive presidential nominee Mitt Romney were overreacting to his comments that women's bodies can prevent pregnancies in cases of "legitimate rape."

Akin, who has been frantically trying to salvage his once-promising bid against incumbent Democrat Claire McCaskill in Missouri, said the uproar surrounding the remarks was out of proportion with his mistake — misspeaking "one word in one sentence on one day."

"I hadn't done anything morally or ethically wrong, as sometimes people in politics

Quoted

"All of a sudden, overnight, everybody decides, 'Well, Akin can't possibly win.' Well, I don't agree with that."

Rep. Todd Akin

do," Akin said on a radio show Tuesday.

Obstacles continued to fall into the path of the six-term legislator from suburban St. Louis, most notably the loss of millions of dollars in campaign advertising money and a statement from Romney urging Akin to drop his bid.

THE ASSOCIATED PRESS

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TWO WAYS TO WIN WITH SHELL!

Enjoy this winning favourite road trip story and then get writing!

My favourite road trip was during one of the hottest summers in history. We piled into our little 1976 Mustang and after a few hours on the road we had to pull into a small town. The transmission was blown! I remember my Dad driving away backwards in the only gear that worked to find a service station. After an overnight stay, the car was fixed and we finally arrived at our destination. The timeshare is located on a golf course surrounded by majestic pine trees that were full of squirrels. Somehow, the thought of placing a trail of peanuts from the deck to the living room was the next best idea since sliced bread. It actually worked and one friendly squirrel didn't seem to mind until someone slammed the balcony door shut. One thing we observed years before that Sci-Fi movie came out, a living animal can run straight up a wall and as a family we can certainly scream and make a lot of commotion. Finally, it was safely whisked outside with a broom. After a fun week of swimming and squirrel wrangling, it was time to head back home. But the fun didn't end there, as we were driving back a sudden rain downpour blew something hard against our windshield and my Dad stopped to investigate. We didn't really know what happened until a few hours later when my Dad announced we were having duck for dinner. It was a road trip that I will never forget.

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Stock. Facebook closes lower, erasing Monday's gains after Thiel sale

Facebook's battered stock closed lower Tuesday, erasing some of the gains it saw a day earlier.

Regulatory filings revealed Monday after the stock market closed that Peter Thiel, Facebook's first big investor, shed most of his holdings in the social networking icon.

Thiel is also a board member.

Thiel originally invested \$500,000 in Facebook in 2004. He sold 16.8 million shares in the company's May 18 IPO and another 20 million or so late last week after a lockup period



PayPal founder and Facebook investor Peter Thiel. GETTY IMAGES

expired. In all, he's reaped more than \$1 billion from the sales. THE ASSOCIATED PRESS

Deal. Soros takes stake in soccer club Man United

Billionaire financier George Soros is getting in on the game, taking a minority stake in soccer club Manchester United.

Soros disclosed in a regulatory filing on Monday that he owns 7.85 per cent of Manchester United's Class A shares. The filing with the U.S. Securities and Exchange Commission was made by Soros' hedge fund, Soros Fund Management LLC.

The 134-year-old English Premier League soccer club

went public on the New York Stock Exchange earlier this month.

While Manchester United has rabid fan support, it did not receive as hearty a welcome on the public stock market.

Its debut over a week ago was considered disappointing, with enthusiasm for the celebrated team overshadowed by its debt load and financial track record.

THE ASSOCIATED PRESS



Mowing down the competition with robotics

Honda Motor Co.'s Asimo robot — which walks and talks — shows off the company's new Miimo lawn mower. Honda is releasing its first product for the home, a sensor-equipped lawn mower packed with its prized robotics technology. Miimo goes on sale next year, retailing for around \$3,000 — but only in Europe. The machine, which looks a bit like iRobot's Roomba vacuum cleaner, continuously shaves about three millimetres off the grass, maneuvering itself on sloped areas. HONDA MOTOR CO./THE ASSOCIATED PRESS

Canadian nickel firm snagged in Cuban corruption probe

Mining. Government officials and workers from joint Cuban-Canadian venture convicted in contract-expansion case

A Cuban court has convicted a dozen people of corruption, including high-ranking government officials, an executive at a state-run nickel company and workers from a project operat-

ing under a Cuban-Canadian joint concern, official media announced Tuesday.

In a case involving a contract for the expansion of the Pedro Soto Alba nickel and cobalt processing plant at the Moa mine, the sentences range from four to 12 years, the Communist Party newspaper Granma reported.

The court in the eastern province of Holguin took into account "the gravity of these acts and their harmful consequences in one of the strategic activities for the nation's econ-

omy, and the conduct of the accused, characterized by the loss of ethical values and deception," the bulletin read.

The announcement was the first official confirmation of a probe that since last year has been the source of rumour and private discussion by diplomats on the island, part of a crackdown on graft that has caught up several foreigners and sent a chill through the small foreign business community.

The Moa Joint Venture that controls the mining operation is operated in tandem by Cuba

Valuable resource

\$1.8B

Nickel revenues in Cuba are likely around \$1.8 billion US for the year based on recently released overall export figures.

and Toronto-based mining company Sherritt International Corp.

Moa currently produces 37,000 tons of nickel and cobalt per year, according to Sherritt's website. THE ASSOCIATED PRESS

Management

RIM appoints new U.K. exec

Research In Motion has made another change in its leadership, appointing a new managing director of its U.K. & Ireland business as it readies the launch of the BlackBerry 10.

The company said Tuesday that Rob Orr would step into the key role starting Sept. 1. Orr has worked at RIM for more than six years, focused on global product management.

THE CANADIAN PRESS

Market Minute



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TWO TINY, BEAUTIFUL BOOKS



JUST SAYIN'
Paul Sullivan
metronews.ca/voices/
just-saying

Every once in a while, something wonderful this way comes.

In my case, that would be Cheryl Strayed, author of *Wild*, the New York Times bestseller

that prompted Oprah to relaunch her book club.

Wild is a tour de force, a searing, soaring account of the author's 1,100-mile trek across the Pacific Crest Trail back in the '90s, when she was recovering from the death of her mother, a broken marriage and, oh, a heroin addiction.

If you have time left to add one to your summer reading list, I'd recommend *Wild*.

If *Wild* was the only reason to celebrate Cheryl Strayed's gifts as a writer, that would be enough. But there's more. She is also the heart, mind and soul behind *Dear Sugar*, the greatest advice column ever. *Dear Sugar* is a regular feature of *therumpus.net*, an online culture magazine. Strayed revealed that she was the writer behind *Dear Sugar* in February, and in July, *Tiny Beautiful Things*, a collection of her best advice, was published.

So far, it has spent its entire published existence on the New York Times bestseller list.

I'm recommending that you read *Wild* but I'm pleading with you to read *Tiny Beautiful Things*. It should be required reading for every struggling soul on the planet, and as far as I know, that's all of us.

Here's a sample. It's in response to an advice-seeker who is jealous of the success of fellow authors, especially those who score six-figure deals with their publishers. I can relate to that. Cheryl's diagnosis: "Could it be possible that the reason you feel like you swallowed a spoonful of battery acid every time someone gets what you want is because a long time ago — way back in your own very beginnings — you were sold a bill of goods about the relationship between money and success, fame and authenticity, legitimacy and adulation?"

Oh.

And here's her antidote: "But the people who don't give up ... they've taken into their hearts the idea that there is enough for all of us, that success will manifest itself in different ways for different sorts of artists, that keeping the faith is more important than cashing the cheque, that being genuinely happy for someone else who got something you hope to get makes you genuinely happier too."

Wish I'd said that, especially the part about keeping the faith is more important than cashing the cheque.

But I'm not jealous, because Cheryl gives way more than she gets. And despite her (almost) overnight fame, she still turns up at readings for free and tutors aspiring writers, although, now that Reese Witherspoon has optioned *Wild* for some fabulous amount, it will be interesting to see if she can keep her feet on the ground.

Of course, she's pre-grounded. Trekking 1,100 miles through the Sierra Mountains lugging a 60-pound pack and wearing shoes that are too tight will do that to you.



Cheryl Strayed, author of *Wild*, the New York Times bestseller.

JONI KABANA/SUBMITTED

Knitting is child's play



NETPLAYWORKS/MASAKI KOIZUMI/REX FEATURES

Playful performance

Kids' playground knitted by artist

This crochet playground at the Takino Suzuran Hillside National Park in Sapporo, Japan, is made from thousands of pieces of nylon, created by hand over several months with a ton of yarn.

This is the brainchild of Japanese-born Toshiko Horiuchi MacAdam and her Canadian husband, Charles MacAdam.

METRO

Artist's view

"We love how popular the playgrounds are. Sports are good for some people, but not every child. They should use their bodies and have fun."

Japanese-born artist
Toshiko Horiuchi MacAdam

Origins of artwork

Kids climb, play and make art their own

After teaching textiles in the U.S. in the 1960s, Toshiko began exhibiting crochet art for museums. But when two children started playing on one of her pieces at a gallery in Japan, blissfully unaware of artwork etiquette, she watched nervously as they climbed into the structure, but was thrilled to find that her work suddenly came alive in ways she had never really anticipated. METRO

Guerrilla knit-wear

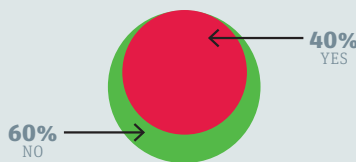
Today, crochet art goes like a bomb

Yarnbombling — covering objects in public spaces with knitted, crocheted material — has surged as a form of counter-culture art in recent years. Guerrilla artists worldwide boldly adorn famous urban structures and monuments with wool and now have their own International Yarn-bombing Day, celebrated in June. METRO



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Does a new study saying egg yolks are almost as artery-clogging as smoking deter you from eating them?



Twitter

@ThePublicEye:

My wish for 2013 is that every major festival in #yeg in the summer has at least one dedicated #gluten-free #dairyfree vendor. #toughreality

@AngrEdmontonian:

Ladies, if a man says he will fix it, he will. There is no need to remind him every six months about it. #yeg.

@tweeetnlo:

Fluffy puppies trotting daintily

down Jasper Ave makes my lunch hour much better. #yeg

@BBourret6:

It's raining on the east side of my shop but not the west! #weird #yeg

@Tara_Madden:

Followed a rainbow to work. Sensing a good day ahead. #yeg

@smoonie:

Status update: hot as balls in the office. #nobreeze #yeg



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Celebrity reading room

Oscar-winning thespian Emma Thompson has revived Beatrix Potter's mischievous bunny. The Further Tale of Peter Rabbit, published 110 years after Peter's first adventure, is out in September. Thompson is the latest in a lengthy line of stars who have hopped on the bright-eyed and bushy-tailed celeb children's lit bandwagon.

MIKE DOJC
scene@metronews.ca



Jay Leno: If Roast Beef Could Fly

The comedian churns a childhood memory into a breezy bedtime yarn that may leave tots salivating in their sleep over a giant hunk of juicy rotisserie meat. Leno's father is ready for his next project — a new patio, so they can throw an epic barbecue. The titular event occurs when Jay, mesmerized by the tasty revolving beef, jabs his plastic comb into it in a clumsy attempt to sneak a sample of the meat before mealtime. Jay's plan backfires when his comb gets stuck and melts. **Flavour:** "My Dad's side of the family is Italian. Every Sunday we have 400 pounds of meatballs, half a ton of spaghetti!"



Jimmy Buffet and Savannah Buffet: The Jolly Mon

The Cheeseburger in Paradise crooner teamed up with his daughter on this laid-back escapist odyssey. Based on the beach balladeer's ditty Jolly Mon Sing, the dreadlock-rocking protagonist is a singing fisherman from the fictional Caribbean island of Bananaland. He finds an enchanted guitar floating in the bay that comes with instructions to play music around the world. Along the way the hero encounters a nefarious band of pirates led by One-Eyed Rosy and a groovy dolphin who saves his life. **Flavour:** "The Jolly Mon had never played a guitar before, but the moment his fingers touched the strings, he knew how to play."



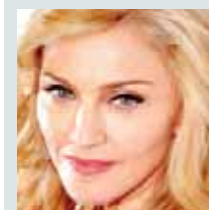
Julianne Moore: Freckleface Strawberry

Teased for her dotted complexion, Freckleface Strawberry, a nickname the famous redhead herself was bullied with as a child, tries all sorts of ways to hide her freckles — from soap and makeup to more drastic measures. It's an inspiring modern take on The Ugly Duckling plotline, only instead of transforming into a swan, she learns to accept and love the skin she's in. Sequels Freckleface Strawberry and The Dodgeball Bully and Freckleface Strawberry: Best Friends Forever keep the life lessons flowing. The series was also adapted into a theatrical production, Freckleface the Musical. **Flavour:** "You have to meet the new girl. She wears a ski mask all the time."



Molly Shannon: Tilly the Trickster

The SNL alum's latest character is a squirrely little prankster, and everybody in her life, from family members and school chums to her teacher, are targets. Her sly antics continue unabated until the folks she plays tricks on the most often wise up and Tilly gets a taste of her own medicine. While filling cookies with toothpaste may not be as zany as Shannon's pratfalls as Mary Katherine Gallagher, four year olds seem to laugh just as hard. **Flavour:** "First, I grab a paper cup from the cupboard. Then I carefully poke a hole in the side of the cup with a pencil. If this ever-so-clever trick works, water will spill through the hole when Daddy tips the cup to take a drink."



Madonna: The English Roses

The first of Madge's kiddy tomes centres around a group of London schoolgirls who exclude a classmate from their sleepovers and other soirees — they are jealous of how pretty and perfect she seems. When a fairy Godmother gives the gals a glimpse into the ostracized girl's world they discover that her mother passed away and she does all the household chores — and the Roses realize their folly. **Flavour:** "It all sounds so perfectly fun and nice. And in many ways, it was. But there was only one problem. They were all a little bit jealous of another girl in the neighbourhood."

On the web



Taylor Swift to perform at VMAs, Fierce 5 U.S. Olympic gymnasts to present at awards show

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Hollywood's unlikely go-to guy

Joseph Gordon-Levitt.
This rising star has yet to settle into an easily defined persona



IN FOCUS
Richard Crouse
scene@metronews.ca

In Hollywood careers are built on images. While actors often complain about being pigeon-holed, for many being synonymous with a genre has been the cornerstone of their careers. Think Stallone, think action pictures. Drew Barrymore is joined at the hip to romantic comedies and the very sight of Jim Carrey causes laughter.

Then there's Joseph Gordon-Levitt.

He's quickly becoming one of Hollywood's go-to guys even though he has yet to settle into an easily defined persona.

He's been acting since age four, but the first time most of us saw him he was playing an ancient alien trapped in an adolescent's body on the sitcom *Third Rock from the Sun*. He left the show after six years and for a time made the kind of films you would expect a young sitcom star to make: 10 *Things I Hate About You*, a teen version of Shakespeare's *The Taming of the Shrew* and the animated *Treasure Planet*.

Then things got interesting. After a short break from the screen to study at Columbia University he vowed to "only make good films." What followed is an eclectic IMDB listing that includes



Joseph Gordon-Levitt in *Premium Rush*. SUBMITTED

everything from low-budget movies like *Manic*, to indie comedy *500 Days of Summer*, to his blockbuster work with Christopher Nolan in *Inception* and *The Dark Knight Rises*, and this weekend's thriller *Premium Rush*.

Here's a look back at some of the films that made the former sitcom star into one of the most in demand actors working today.

Made for just \$500,000, *Brick* is a high school film noir featuring Gordon-Levitt as a teenager who investigates the disappearance of his girlfriend. The twist is, the dialogue — like "the ape blows or

I clam" — sounds ripped from Dashiell Hammett's playbook. The actor will soon be seen in Brick director Rian Johnson's next film *Looper*.

In *Mysterious Skin* he wore blue contact lenses to play a child-abuse victim turned hustler. Roger Ebert wrote, "This is not an easy movie." And the *Guardian* called it a "disorienting hallucination of a film." But both praised his performance.

The *Lookout* sees him playing a man with a head injury: "The hardest thing I've ever done in my life," he said. While in *Killshot*, he's a wannabe assassin opposite

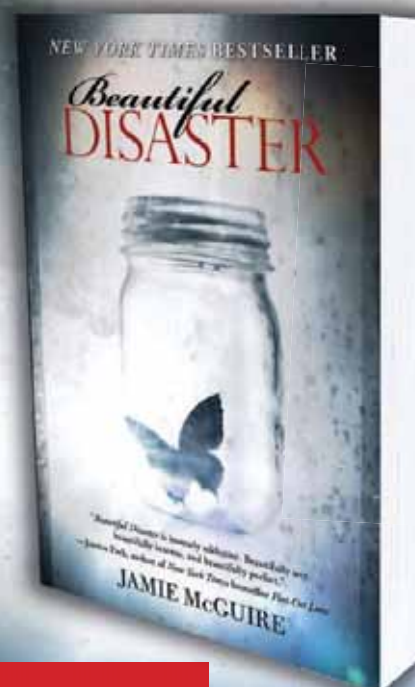
Mickey Rourke.

It's these off-the-wall choices, mixed with more

mainstream fare, that prompted the Philadelphia Inquirer to describe Gor-

don-Levitt as a "surprisingly formidable, and formidably surprising, leading man."

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Rome without Sublime: Musician starts solo career with new album

Ska-punk. Although summer tour all about Sublime, Rome Ramirez debuts album *Dedication*

LINDA LABAN
scene@metronews.ca

What's it going to be? Rome? Rome Ramirez? Rome Without Sublime? The latter-day singer for the So-Cal ska-punk veterans just released his solo debut, the *Dedication* EP, but what to call his new band?

"How about just The Incredibly Handsome Rome," Ramirez jokes. "(People will think) 'We need to check out this incredibly handsome boy!'"

He laughs before continuing more seriously.

"I have my best friends that I've grown up with playing music on stage with me in the band," he says of his solo project, which will likely be named Rome. "It's awesome: Now I get the chance to pass the torch down to my friends. It's the most beautiful gift to be able to offer someone an opportunity."

Ramirez will follow with a full-length record, but for now, he and Sublime co-founder, bassist Eric Wilson, are concentrating on promoting last year's Sublime with Rome debut album, *Yours Truly*.

Sublime's original drummer, Bud Gaugh, opted out after recording the album; Josh Freese (who has played with everyone from Guns N' Roses to Devo) is behind the kit for now.

"Sublime will always be my main priority," adds Ramirez. "I'll do my album around that. I don't want to rush this; it will be how I want it, when I want it. Time is on my side."

Rome won't roam too far this summer.

Rome's solo songs speak to the same sunny So-Cal grooves as Sublime's, so it's no wonder he fit easily into much-loved frontman Bradley Nowell's shoes. (Nowell died from a heroin overdose in 1996.) But the summer tour is all about Sublime: "I'd love for fans to love my music as much as they love Sublime's, but I do really want to keep the difference between (them) when the fans come out to see Sublime. I really do want to keep it separate and draw a line."

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Overcoming Parkinson's. Michael J. Fox returning to TV with comedy series

NBC has made it official: Michael J. Fox is coming back to series TV more than a decade after he left to concentrate on fighting Parkinson's disease. His new comedy series,

Quoted

"I'm extremely pleased to be back at NBC with a great creative team and a great show."

Michael J. Fox

based loosely on his personal life, has a 22-episode commitment from NBC and is set to premiere in fall 2013, the network announced Monday.

The single-camera comedy, thus far untitled, will feature Fox as a husband and father of three from New York City who is dealing with family, career and challenges that include Parkinson's, the network said. No further casting was announced.

The executive producers and co-creators are Will Gluck (*Easy A*, *Friends with Benefits*) and Sam Laybourne (*Cougar Town*, *Arrested Development*), with Gluck producing through his Sony Television-based Olive Bridge Entertainment. He also will direct the pilot.

Fox first won stardom for his work as Alex Keaton on the hit comedy *Family Ties*, which began its seven-season run on NBC in 1982.

"To bring Michael J. Fox back to NBC is a supreme honour," said Robert Greenblatt, chairman of NBC Entertainment, "and we are thrilled that one of the great comedic television stars is coming home again."

He called Fox "utterly relatable, optimistic and in a class by himself."

The 51-year-old actor was diagnosed with Parkinson's disease in 1991.

In 2000, he left his ABC comedy *Spin City* after four seasons, saying he intended to focus on helping find a cure for the disease. He founded the Michael J. Fox Foundation, which is dedicated to finding a cure for sufferers of Parkinson's disease while promoting the development of improved therapies and raising public awareness of the disease.

Since then, he limited his acting appearances to guest shots on series including *Rescue Me*, *Boston Legal*, *Curb Your Enthusiasm* and *The Good Wife*.

But in May, he told ABC News that a new drug regimen has helped him control the tics that are a result of the disease and could allow him to take on more acting roles.

His feature films include *Back to the Future* trilogy, *Teen Wolf*, *Bright Lights*, *Big City* and *Casualties of War*. He has won five Emmy awards. **THE ASSOCIATED PRESS**



Rome Ramirez GETTY IMAGES



Michael J. Fox. GETTY IMAGES



Liberty Ross and Rupert Sanders

Liberty Ross spreads wings in blog post

Rupert Sanders' wife, Liberty Ross, is trying to send a message with her latest blog post for Vogue UK, but it's not entirely clear what that message is.

Ross — who hasn't updated the blog since news broke of Sanders' affair with actress Kristen Stewart — published an image of an eagle with its wings spread under the title "Liberty," prompting many to speculate she's leaving Sanders.

New York magazine insists the image "is meant to be a statement of freedom and independence," and commentators on Ross' blog seem to be taking it that way as well.

Rumours of Tony Scott illness not true: Family

It appears there's no truth to the reports that director Tony Scott had been diagnosed with inoperable brain cancer before he decided to jump to his death from a bridge over Los Angeles Harbor Sunday. "According to family spokes-



Tony Scott

persons, the information concerning brain cancer or an inoperable brain tumor in Mr. Scott is incorrect," a spokesman for the L.A. coroner's office tells People magazine. The initial report of a cancer diagnosis came from ABC News, citing an anonymous source.

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Ryan Lochte to hand out roses?

THE WORD
Monica Weymouth
scene@metronews.ca

With four years until he's due in Rio, Olympic swimmer Ryan Lochte is scoping out a side job in reality TV.

At the top of the list is The Bachelor, whose producers have been informed that they'll need

to come up with at least \$750,000 for such high-quality abs.

But even if they pay, Lochte may pass.

"Ryan is acutely aware that he has to attach himself to the right projects and endorsements that won't do damage to his all-American image," a source tells RadarOnline.

"As much as he'd like to do it, Ryan does have some reservations about The Bachelor because he wouldn't have any control on how he is portrayed on the show."

Ryan, at this point there's nothing more American than compromising your reputation, marriage and career in the name of fleeting fame. Consider this our blessing.



Nicki Minaj

American Idol targeting new judges

Time is running out for American Idol to fill up the judges' table for its 12th season, and producers are reportedly circling a couple of options for new talent. According to the Associated Press, "a deal is in the works" for singer Nicki Minaj to come on-board, joining Mariah

Carey, who was added to the lineup last month. And a source tells People magazine that Enrique Iglesias is also in talks to join the reality singing competition. "Idol has expressed a lot of interest, but no final word on either side yet," the source says.



Rosie O'Donnell

Rosie 'saved by a TV commercial'

Rosie O'Donnell is recuperating after suffering a heart attack late last week. The TV personality revealed on her blog that she was "saved by a TV commercial" that prompted her to

take aspirin when she noticed symptoms that suggested a heart attack. "She is now home and resting comfortably. She is very, very lucky," her rep tells People magazine.

Twitter



@RedHourBen

Tony Scott made so many movies that influenced so many others. A genre to himself. A real loss. He entertained so many people.



@DebbieReynolds1

The world is a sadder place for all of us who love to laugh. I love Phyllis Diller. Comedy will never be the same and neither will I.



@JohnStamos

hate it when my stand-in is younger and better looking than me.



@Joan_Rivers

Hand specialists say one of the most common ailments they treat is "texting thumb." In showbiz it has to be "flipping-off middle finger."



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Planning a vacation is exciting, and made even more thrilling when you're going with someone special. Except it doesn't always work out perfectly. When it comes to packing and jumping on a plane, everyone has their own travel personality. Here's how to handle some of them.

MAE GIFFORD
life@metronews.ca

The over planner

You're in Paris and they're intent on touring the Louvre, Arc de Triomphe and Eiffel Tower by noon on the first day. Keep up at this panicked rate and you're bound to see the entire City of Lights in record time, but won't remember any of it. Suggest one afternoon of people watching in a public square over a carafe of French wine. Their shoulders will drop in no time.



5 travel personalities

The obvious tourist

Money belt? Check. Canadian flag in plain sight so no one confuses you with an American? Check. Comfortable New Balance walking shoes and socks that reach mid-calf? Check. Canadian tourists stick out like sore thumbs and it's not just embarrassing, it can also put you at risk for pickpocketing or schemers. The simple rule is to dress on vacation like you normally would. But if your wardrobe includes any of the above items, you can't be helped.



The person who hates travelling

They haven't travelled in years but somehow you convinced them to come on your dream cruise. Big mistake. They hate sleeping in a strange bed, new scenery, food, water and boats. Instead of throwing them overboard, try to compromise on activities you'll both enjoy. Joining them in the casino for a few hours (gag!) may translate into you getting the most out of your trip with fewer complaints.

The embarrassing keener

Armed with their Lonely Planet guidebook, which they studied for months, this friend will regurgitate every iota of information they know at each attraction you visit. Even better, they're hell-bent on speaking the language, which typically includes them shout-sputtering random words at locals. Nip this annoying behaviour in the bud by suggesting they'll get much more out of the experience if they don't have their nose stuck in a book the entire time. If all else fails, accidentally "lose" it.



The under planner

They had no opinion on which country to see and now that you've landed, they're just along for the ride. Instead of getting frustrated at their lackadaisical attitude toward travel, embrace it! This is your opportunity to design the trip you've always wanted without any complaining. This type of personality can be convinced to do anything, so be as busy or relaxed as you like. The best part is that they're going to love the trip because they had no expectations.

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Tag! Parisian street artists are it

Graffiti. The city is known for its museums. Now the art has moved outside

JANE BORDEN
life@metronews.ca

Paris has always been able to boast of an artistic supremacy, so it makes sense that when they even do something like street art, they put North America to shame. With its vibrancy, sophistication and sheer volume of production, the Parisian street art scene — graffiti, stenciling, paste-ups — makes ours look like it's still in grade school. Sketches and tags pop up throughout the city, yes, but beyond the central circle of neighbourhoods, or arrondissements, designated areas boast entire blocks coated end-to-end on both sides with imagery that's constantly changing.

Hami Delimi of L'Oeuf Creative — an agency helping artists with branding and representation — says that many communities agree not to prosecute, particularly their

native sons and daughters.

"People are proud to have the artists there," Delimi says. "However, if someone not from the community writes over a piece, that person might get in trouble."

In the 19th arrondissement, which Delimi considers a first stronghold of the Parisian graffiti movement in the '80s, that local hero is Da Cruz. His big-featured faces and bold colours are calling cards on the area's buildings, municipal walls and mailboxes; no one paints over his creations. Other celebrated tags to locate across the city include Miss.tic, Nemo, Jerome Mesnager, Jeff Aerosol, Art of Popof and Atlas.

The Futura is now

Whether you think street artists working with luxury brands are receiving justified exposure and cash or are selling out, the practice is here to stay. And its most recent contributor is also one of the art form's truest legends: Futura.

Lenny McGurr, originally known as Futura 2000, began his career tagging New York City subway cars in the late '70s. He also toured with The



The French are proud of their artists. CONTRIBUTED

Clash, painting onstage while they played; enjoyed a long history of success in art galleries, largely in Paris, which housed his first exhibit in 1982 (he's currently represented by Galerie Jerome de Noirmont);

went on to make album covers, T-shirts and toys; and, of course, owns a spot in the canon. Then he was quiet for a while. But on Aug. 13 he added a Hennessy label to his collection. The limited-edition Co-

gnac bottle is classic Futura: an abstract work of bold primary colors and atomic swirls.

"The movement I graduated from, what I call the subway school of art, is, for all intents and purposes, over," McGurr

says. "But then the next generation of artists — Banksy, Shepard Fairey, Swoon — gave importance to this kind of work again. And that ultimately opened the door for me to return."



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Meet the artists

Now in galleries

The scene has developed to the point where traditional galleries are also littered with street artists' work, one of the more recent crossover successes being an artist named Nasty. It's also now common for luxury brands to tap the graffiti scene. The artist named Kongo printed scarves for Hermès and Monsieur A created a label for Caviar Kaspia. But some artists seem to think it's a faux pas to use their talents for commerce. Kidult has notoriously vandalized luxury-brand storefronts.



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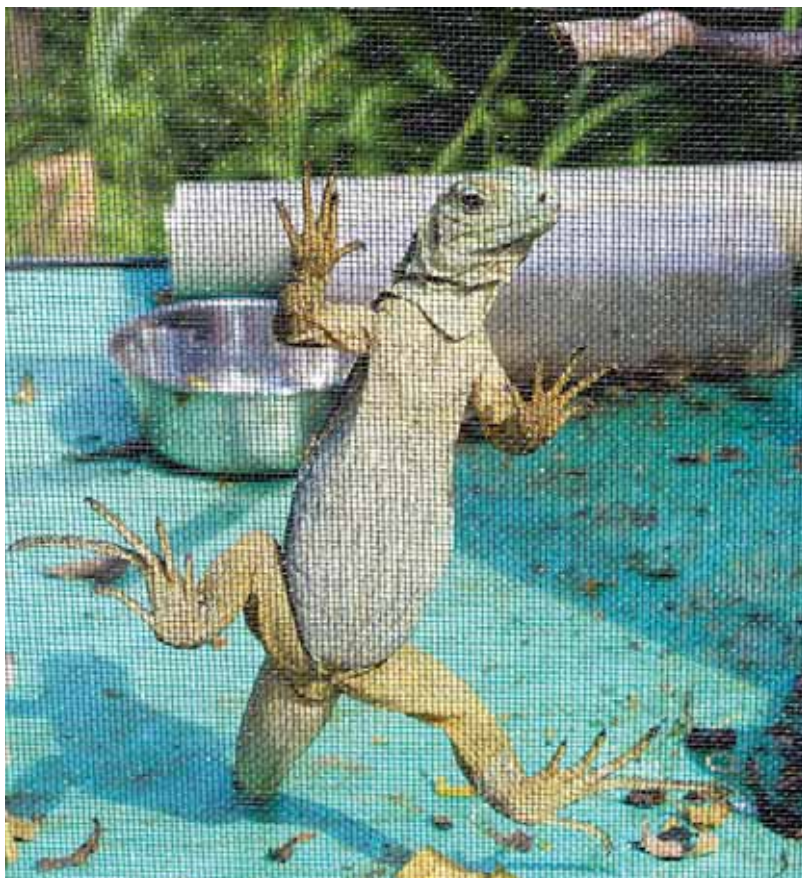
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Roughly 700 blue iguanas roam free in protected woodlands on the eastern side of Grand Cayman. THE ASSOCIATED PRESS

Day of the iguana: Reptile bounces back on Grand Cayman

Successful breeding program. Driven to near extinction by non-native predators, the blue iguana now runs free on eastern side of the island

The blue iguana has lived on the rocky shores of Grand Cayman for at least a couple of million years, preening like a miniature turquoise dragon as it soaked in the sun or sheltered inside crevices. Yet having survived everything from tropical hurricanes to ice ages, it was driven to near-extinction by dogs, cats and cars.

Now, though, a breeding program some see as a global model has worked better than any had hoped to dream for a species that numbered less than a dozen in the wild just a decade ago, preyed upon by escaped pets and struggling to survive in a habitat eroded by the advance of human settlement.

Roughly 700 blazing blue iguanas breed and roam free in protected woodlands on the eastern side of Grand Cayman, a 22-mile-long (35-kilometre-long) speck in the western Caribbean that is the only place where the critically endangered animals are found in the wild.

"The kind of results that we've gotten show that it's practical and realistic to say



The blue iguanas are only released once they reach two years of age. THE ASSOCIATED PRESS

outside the pens, scampering after ripened noni, a pungent, potato-sized fruit.

On a recent day at the 65-acre garden and woodland preserve, the adult iguanas were shedding skin, which resembles thin, dry paper, revealing a brilliant turquoise under-

leased into the wild next to rough-hewn wooden shelters with tight passageways that mimic the rock holes and tree cavities where they naturally shelter from predators.

The first year of that experiment, 100 per cent of the young

survived.

you can restore a population of iguanas from practically nothing, just so long as you can capture the genetic variety from the beginning," said Fred Burton, the unsalaried director of the Blue Iguana Recovery Program, a partnership linking the islands' National Trust to local and overseas agencies and groups.

In a corner of the Queen Elizabeth II Botanic Park, the "founders," or genetically diverse, wild iguanas captured for the breeding program, mate when the mood strikes in 40-foot-wide pens featuring the rocks, shrubs and trees of their natural habitat. One couple, dubbed "Mad Max" and "Biter," are free to roam

neath. The primarily herbivorous creatures, which have crimson eyes, grow to roughly five feet (1.5 metres) long, weigh over 25 pounds and are at their bluest when they get excited.

Near the breeding pens, wood-and-wire cages hold the founders' young descendants, which are outfitted with transponder tags embedded beneath their skin.

The iguanas are only released into the botanical park and the 625-acre (253-hectare) Salina Reserve after they reach two years of age and are big enough to defend themselves from rats, snakes and some feral cats.

Burton and others concluded in 2001 that young blue iguanas should be re-

"When we started, we didn't know anything, so for years we just let the iguanas loose and we'd never see half of them again. A year after we came up with this very low-tech method of anchoring iguanas to the park, we found all of them were still living," Burton said, adding that young iguanas soon outgrow the wooden shelters and hardwired behaviour kicks in, driving them to make homes without any assistance.

Arthur C. Echternacht, a professor of ecology and evolutionary biology at the University of Tennessee, said the Grand Cayman program has succeeded by building

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Adult blue iguanas shed their skin, which resembles thin, dry paper, to reveal a brilliant turquoise underneath. THE ASSOCIATED PRESS

Alpine sounds

Yodeling is good for the soul

In one part of Austria, the hills are again alive with a particular sound of music — yodeling. The Alpine country has inaugurated a new hiker's path where participants are invited to let loose with an occasional melodic mountain yell. Organizers say it's push-button easy: at rest stops along the way, hikers press a knob and hear a recorded yodel in two-part harmony. They can also listen to each part separately and decide which one to try. Local yodeler and hotel owner Christian Eder came up with the idea. He told state broadcaster ORF Monday that it is an attempt "to get people to loosen up a bit with a simple yodel."

THE ASSOCIATED PRESS

On the web

Get a 'street view' of ancient ruins

Google is adding interactive images of dozens of pre-Hispanic ruins to the "Street View" feature on its Google Maps website. Google Mexico and Mexico's National Institute of Anthropology and History announced Thursday that 30 sites have been added to Street View, and dozens more will be coming online this year. The eventual goal is 90 sites. The feature allows users to click on map locations to obtain 360-degree, interactive images composed of millions of photos taken at street level by specially equipped vehicles. Google uses a special, three-wheeled bicycle to generate images of the Mexican sites, many of which don't have paved areas. The sites already online include Chichen Itza.

THE ASSOCIATED PRESS

unusually strong relationships with international scientists as well as support from local politicians and citizens.

He also credits the tenacity and organization of Burton, a soft-spoken man who has been a steward of the Cayman Islands' environment since he moved to the U.K. Caribbean territory in 1979.

"Although Fred

manians didn't even realize that the island was home to an imperiled reptile species.

Confusing matters, invasive green iguanas, escapees from the pet trade, are flourishing in Grand Cayman and can be seen across the is-

been able to breed captive blue iguanas far from their native environment, though they can -

not match the success of the program at home.

The overseas program is partly a hedge

to make sure the imperiled reptile's genetic footprint survives any calamity.

Nearly 50 adult and juvenile blue iguanas live in 14 U.S. zoos and aquariums, which are considered partners of the breeding program, according to Tandora Grant, of the San Diego Zoo Institute for Conservation Research.

Ten more hatchlings are due to be born soon, she said.

In Europe, two blue iguanas live in the Prague zoo in the Czech Republic.

Nonetheless, the key to restoring the endangered species remains in its native habitat of Grand Cayman, where Burton hopes to have 1,000 blue iguanas living in the wild, perhaps as early as 2015.

"Once we hit 1,000 and we have a good genetic range out there we can just let the iguanas handle things themselves out in the wild without us messing around with all this complex genetic planning," Burton said at the park.

Gesturing at the breeding pens, Burton said: "Soon this will all be redundant, and that will be a very exciting day."

THE ASSOCIATED PRESS

rather low-key, unexcitable Brit, he is passionate about the iguanas, very persuasive, and incredibly persistent," Echternacht said in an email.

Early on, Burton sought and received the assistance of international conservation groups, zoos and businesses in the effort. Financing and expertise, including veterinary support from the organizations has furthered the program's success.

John Binns, of the Tucson, Arizona-based International Reptile Conservation Foundation, said the basic infrastructure and steady focus of the Blue Iguana Breeding Program is "really a model on how to correctly restore a species year after year."

When the program started in 1990, most Cay-

a half-dozen blue iguanas were killed in their pens, prompting a police investigation that netted no suspects.

The iguanas were found stomped and gouged, and Burton said humans, possibly with a pet dog, were almost certainly behind the massacre.

Two females had been preparing to lay eggs to help the species repopulate.

Burton said it was an "acid reminder" that not everything could go the program's way, even while it enjoyed broad support among most Caymanians.

To protect the iguanas, the breeding pens are now ringed by a fence and barbed wire.

Other researchers have

Quoted

"Soon this will all be redundant, and that will be a very exciting day."

Fred Burton, director of the Blue Iguana Recovery Program, on meeting the goals of the breeding program and eventually leaving the iguanas to themselves.

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Ask friends and family who know you to suggest some areas they see you succeeding at or having natural abilities in.

Book an appointment with an academic counsellor

For those of you in your first year you are going to need to start thinking about degree options and what you want to major in. Get some help with this process. An academic counsellor can advise you of your op-

tions and guide you to resources that will aid in making the decision.

Explore

At each stage of your degree you should be looking for opportunities to get involved and explore your interests and options, and build your resumé.

Get involved in campus clubs and organizations or volunteer in the community

This is a great way to meet new people and to build your hands-on experience. Taking on a leadership position with a club or volunteering with a not-for-profit agency can help you with your project or event management, leadership and interpersonal, communication and organizational skills, just to name a few. These experiences will help you to get an understanding of different types of work and what elements of it you enjoy.

Participate in career development workshops Every campus organizes dozens of workshops each year that can help you develop your resumé, cover letters, interview prep, networking strategies, etc. Check with your career centre for dates, times and locations.

Attend career fairs Regardless of whether you are at the point where you are looking for a job, attending a career fair will give you an idea of what companies are out there and who is hiring for what types of jobs.

Pursue

As you move closer to graduation it is time to start pursuing your goals.

Review, revise and tailor your resumé and cover letter The more time that you invest in preparing impressive documents and tailoring them

to specific companies and jobs, the more likely you are to have success. Attend a drop-in session or set up a one-on-one appointment to review your resumé and cover letter.

Network, network, network.

This is often the hardest task and yet is the most likely by far to result in you finding employment. Like dating, you need to just get out there and do it. Meet as many people as you can, be considerate, polite, and respectful and you are sure to see the results. Check out your career centre for workshops and resources on successful networking.

CLARE TATTERSALL IS THE MANAGER OF CAREER DEVELOPMENT AND COMMUNITY BASED LEARNING AT HURON UNIVERSITY COLLEGE AT WESTERN UNIVERSITY IN LONDON, ONT. TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Understand your values

The last place you want to be is in a career that does not line up with your personal beliefs and priorities. Some questions you may want to consider:

- Do you value security and consistency, or variety and risk-taking in your work environment?
- Is social interaction and being part of a group, or independence and autonomy important to you?
- Do you value achievement and recognition, or being "behind the scenes"?
- Is your work environment, pace, and/or location important to you?

Student Voice

Take matters in to your own hands

Nneka Atto
Graduate, 2010, Bachelor of Arts in
Health and Society, York University
TalentEgg.ca



It first started with not getting into teacher's college a couple of years ago. Growing up, I loved working with children, and although my career goals changed quite often, I had always kept children at the forefront. So naturally, I decided to become a kindergarten teacher. However, that didn't work out as I had originally planned.

"No worries!" I thought. "I'll just apply for a job, work for a year to get some experience, then apply to a post-graduate program."

But that didn't work out very well either. Like many graduates, I left university with high hopes, thinking that my degree was an instant ticket to a job. What I wasn't aware of was the fact that employers required, not only a degree or diploma, but years of work experience as well. My professors and career centre — though wonderful — didn't prepare me for what existed beyond the lecture hall.

I decided to change my approach: if no one is going to hire me, then I'll just hire myself. And that's when everything changed.

I began to research entrepreneurship and the notion of creating my own opportunities. When you work for yourself, you know that every minute that you're putting into your work is for you. If you're doing something that brings you joy, then that just makes it all the more worthwhile.

Where I am now

Ironically, I just got offered a part-time position as an assistant kindergarten teacher (isn't life funny?). What's even more ironic is the fact that, if I hadn't pursued a career as a singer and aspiring author, I might not have gotten the job. Just to sum it up: I created my own career, and I'm making a living as a visual artist, singer and author under the pseudonym Joshua Vegas, while working part-time as an assistant teacher. TALENTEGG.CA, CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR STUDENTS AND NEW GRADUATES, WANTS TO HEAR YOUR STUDENT VOICE. SHARE IT AT TALENTEGG.CA.

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Nab some bucks between the books

Post-secondary profession. With these strategies, some gumption and a solid resumé, you can get started on your on-campus job search

CATHY KEATES
TalentEgg.ca

Most campuses have lots of student jobs available, but it isn't always easy figuring out how to find them.

While some jobs for the coming school year will have already been filled (some departments do their hiring in winter/spring of the previous year so that they are ready to go with new staff in September) there are usually still lots of jobs open in the fall.

In terms of where to look, most schools do not have one place where all the jobs are advertised.

So, it can take some legwork to look around to find what's available on your campus. And just like finding jobs anywhere, network-



It's hard to believe, but not every opportunity can be found on the net. Look around and ask around you. ISTOCK

ing is key.

Here are some tips for helping you get job hunting

on campus.

Visit your campus

career centre

The career centre should be stop number one if you are looking for work on campus. Staff at the career centre are usually very knowledgeable about on campus work, and getting their advice first can save you lots of time with their leads and direction.

Find out about work/study programs

Many schools have part-time jobs on campus that are specifically designated for students who are in financial need. These are often called work/study programs, but may have a different name at your campus. To learn more, and to find out whether you qualify ('financial need' can be defined differently at different schools), ask staff at your career centre and/or student financial services or loan office.

Speak with professors and your department

Often professors need help with their work. Sometimes they have enough money to hire students (other times they may use volunteers).

Check with your departmental staff and faculty members if you are interested in getting research-related experience.

Visit on-campus vendors

The restaurants, pubs, shops, and other retail outlets on campus all need staff. You can visit them and see if they are hiring.

Keep your eyes and ears open

Watch notice boards, let all your friends know you are looking and ask them if they

have any contacts or leads, make sure you read the emails you might get from your department or student clubs — you never know what might turn up a job lead. The more people you speak with, the greater your chances of finding something.

CATHY KEATES IS A CAREER COUNSELLOR AND TRAINER WHO HAS WORKED AS A CAREER COUNSELLOR AT QUEEN'S UNIVERSITY AND WAS THE ASSOCIATE DIRECTOR OF THE CAREER CENTRE AT YORK UNIVERSITY.

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Tiger shrimp, pesto and grilled corn: An unlikely — but tasty — salad trio

Tiger Shrimp with Pesto and Grilled Corn Salad



This recipe serves four. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)



ROSE REISMAN
for more, visit
rosereisman.com

Tiger shrimp are quite affordable today compared to what they cost a few years ago. If you can't find them, you can use smaller shrimp. If you don't have fresh corn, sauté 2 cups canned or frozen corn until lightly charred.

1. Salad: Lightly coat cobs of corn with cooking spray and grill on barbecue 5 minutes or until charred, turning to avoid burning. Alternatively, bake corn in an oven preheated to 450 F for 5 minutes, also turning to prevent burning. Let corn cool slightly and cut kernels off cob with sharp knife. Place in a bowl along with red pepper, red onion, garlic, jalapeño, cider vinegar, olive oil, honey (if using), fresh basil, salt and pepper. Toss to combine.

2. Lightly coat a nonstick skillet or grill pan with cooking spray and heat. Add

Ingredients

- 1 lb large shrimp, peeled and deveined
- 1/4 cup store-bought pesto
- Salad**
- 3 fresh cobs of corn
- 1/2 cup diced roasted red pepper (about 1 small roasted red pepper)
- 1/2 cup diced red onion
- 1 tsp chopped garlic
- 1 1/2 tsp chopped jalapeño pepper
- 1 tbsp apple cider vinegar
- 2 tbsp olive oil
- 1/2 tsp honey (optional)
- 1/2 cup chopped fresh basil
- pinch of salt and pepper

shrimp and sauté until just pink, about 3 minutes.

3. Place the corn salad on a serving plate, top with shrimp and garnish with pesto.

ROSE REISMAN'S FAMILY FAVORITES
(WHITECAP BOOKS) BY ROSE REISMAN



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When we think of steaming, we generally think stovetop cooking. And during the heat of summer, that can make this very healthy form of cooking seem very unappealing.

But the folks at Cooking Light magazine have come up with a simple way to enjoy a delicious steamed dinner without the fuss (or heat) of indoor cooking.

For this deliciously spicy shrimp, black bean and corn dish, they use the grill to get the job done. The results are quick and easy, and you don't need to heat up your kitchen.

The trick is using heavy duty foil to create a packet in which to cook the food on the grill. By crimping the edges of the packet, the liquid in the food stays inside, turning to steam and cooking the food quickly, while also keeping it moist.

And this same technique works on other seafood (scallops and haddock would be delicious), as well as chicken.

1. Heat grill to medium-high.

2. Arrange the shrimp in the centre of a large piece of

Drink of the Week

Coconut-Lemonade Slushies

Slushies are one of the tastiest ways to cool down during the summer. Here, the classic taste of lemonade meets the refreshing flavour of coconut.

- 3 cups lightly crushed ice
- 1 cup water
- 1/2 cup lemon juice
- 1/2 cup sweetened cream of coconut
- 1/4 cup agave syrup or honey
- 1 tsp vanilla extract
- Pinch salt

Combine all ingredients in a blender. Purée until smooth. You may need to stop the blender once or twice and stir the ingredients in order to keep them moving in the blender. Serve immediately.

THE ASSOCIATED PRESS



heavy duty foil. Drizzle the oil over the shrimp, then sprinkle it with 1 teaspoon of the Creole seasoning. Toss to coat. Top the shrimp with the cheese, corn, cilantro and beans. Sprinkle the remaining teaspoon of Creole seasoning over everything. Fold the opposite ends of foil together over the ingredients to form a loose bundle. Crimp to seal.

3. Place the foil packet on the grill. Cover and cook for 10 minutes, or until the shrimp are done. Serve over hot cooked rice. **THE ASSOCIATED PRESS/ COOKING LIGHT WAY TO COOK: GRILLING, OXMOOR HOUSE, 2012**

Ingredients

- 2 lbs raw peeled large shrimp
- 1 tbsp olive oil
- 2 tsp Creole seasoning, divided
- 1/2 cup (2 oz) shredded Mexican-blend cheese or cheddar cheese
- 1/2 cup canned whole-kernel corn with sweet peppers, drained
- 3 tbsp chopped fresh cilantro
- 15-oz can black beans, rinsed and drained
- 4 cups cooked long-grain rice, hot

Grilled Fiesta Shrimp makes summertime steaming very easy



This recipe serves six. MATTHEW MEAD/ THE ASSOCIATED PRESS

NFL

Injury bug nipping at Vick's heels

Michael Vick has required four medical tests and completed four passes in the Philadelphia Eagles' first two pre-season games.

That is an ominous sign for the Philadelphia Eagles.

Vick left Monday night's win at New England after injuring his ribs on his sixth play.

X-rays on Vick's ribs at the stadium were negative, and an MRI and CT scan on Tuesday revealed he has no broken bones or fractured cartilage.

THE ASSOCIATED PRESS



Michael Vick takes a knee during Monday's game. GETTY IMAGES FILE

MLB

Jays' Lawrie back on shelf with abdominal pain

Toronto third baseman Brett Lawrie has stopped his rehab for a right oblique injury after feeling sore when he woke up on Tuesday.

Manager John Farrell said Lawrie, who has been on the disabled list since Aug. 4, isn't yet at a point where he might need to be shut down for the season.

Before Tuesday's 5-3 loss in Detroit, Farrell also said right-hander Brandon Morrow, who hasn't pitched since June 11 because of a left oblique injury, likely will start Saturday at Baltimore. THE ASSOCIATED PRESS

Baseball. Clemens return stint already drawing interest from Astros

Roger Clemens thinks any talk about a return to the majors is premature.

The Houston Astros decided to check him out anyway.

General manager Jeff Luhnow said Tuesday the Astros sent a scout to look at Clemens and left-hander Scott Kazmir, who also plays for the Sugar Land Skeeters of the independent Atlantic League. Clemens is to make his first start on Saturday at home against Bridgeport.

Luhnow said he wasn't sure whether Clemens was trying to make it back to the big leagues or just wanted to keep doing something he was very



NHLPA executive director Donald Fehr speaks to reporters at the Delta Grand Hotel on Tuesday in Kelowna, B.C. GARY NYLANDER/THE CANADIAN PRESS/KELOWNA DAILY COURIER

Still looking for a 'jumping off point'

NHL. League, players' union to focus on core economic issues during this week's labour talks

Where do we go from here?

As the NHL and NHL Players' Association resume collective bargaining talks, that is the question they're both seeking to answer.

The sides stepped away from negotiations last week with competing bids on the table and no clear road ahead. They spoke again over the weekend and agreed to devote sessions Wednesday and Thursday entirely to core economic issues — the area where the parties seem to have the

Critical week

Talks are tentatively scheduled for the next two weeks in New York so there is plenty of room for continued dialogue if the parties can start getting on the same page in the coming days.

- The tone of this week's talks should offer a good indication of whether that will happen in time for a deal to be reached before Sept. 15.

most ground to make up.

"We are hoping that our meetings this week can serve as a jumping off point for further discussion and negotiation over the critical economic and system issues that we need to resolve in order to reach an agreement," NHL deputy commissioner Bill Daly said Tuesday in an email.

Essentially, it's time to see how much each side is willing

to move off its current position, if at all.

While a significant gap exists between the two proposals when it comes to the amount of money available to players, there is some common ground. The union's decision to keep a hard salary cap in place was an important step and its willingness to accept less than 57 per cent of revenues — for three years,

anyway — seemed to indicate it was trying to work with the NHL.

"We thought it was a compromise," Donald Fehr, the NHLPA's executive director, told reporters last week.

Even though commissioner Gary Bettman offered a cold response to the union's offer it was a step in the right direction. Are the players willing to go even further? How far will the league move off its proposal, which called for new contract restrictions and player salaries based on 43 per cent of revenue?

The sides are operating in the shadow of a Sept. 15 deadline, when the current CBA is set to expire and the NHL has said players will be locked out.

THE CANADIAN PRESS

MLB

Players' union head expected to stay on job while dealing with brain tumour

Baseball players' union head Michael Weiner is undergoing treatment for a brain tumour.

He began treatment Monday, and the union said Tuesday that treatments are expected to last about one month. The union also anticipates he will continue to work from its New York office on a daily basis during the treatments.

Weiner, 50, succeeded Donald Fehr in 2009 to become just the fourth head of the union since 1966.

THE ASSOCIATED PRESS



Roger Clemens in Sugar Land, Texas, on Tuesday. THE ASSOCIATED PRESS

good at for a long time. Clemens earned about \$160 million and won 354 games in a 24-year career with the Red Sox, Blue Jays, Yankees and Astros, but hasn't pitched since 2007.

THE ASSOCIATED PRESS

Hockey. Ex-NHL bruiser Laraque named head of CHL players' union

Georges Laraque has been hired as executive director of the fledgling Canadian Hockey League Players' Association.

The former NHL tough guy announced on his Twitter account that he was "proud" to accept the role Tuesday.

Specific details about how the CHLPA — which would represent major junior players in Canada — will function have yet to be formally announced.

CHL president Dave Branch told The Canadian Press on Tuesday night that he had yet to be contacted by a union representative.

Laraque spent three years in



Georges Laraque
TORSTAR NEWS SERVICE FILE

the Quebec Major Junior Hockey League before moving on to an NHL career that spanned 695 games and ended in 2010.

THE CANADIAN PRESS

4 SPORTS

Mobile sports



The first African team to play in the Little League World Series will not head home empty handed. Ugandan team Lugazi eked out a 3-2 win over Gresham, Ore., in a consolation game on Tuesday to improve its series record to 1-2. Scan the code for the story.

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	72	51	.585	—
Tampa Bay	68	55	.553	4
Baltimore	67	56	.545	5
Boston	59	64	.480	13
Toronto	56	66	.459	15½

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	67	55	.549	—
Detroit	65	57	.533	2
Kansas City	55	67	.451	12
Cleveland	54	68	.443	13
Minnesota	51	70	.421	15½

WEST DIVISION

	W	L	Pct	GB
Texas	71	51	.582	—
Oakland	65	56	.537	5½
Los Angeles	63	60	.512	8½
Seattle	59	64	.480	12½

Tuesday's results

Detroit 5 **Toronto** 3

L.A. Angels 5 Boston 3

Chicago White Sox 7 N.Y. Yankees 3

Baltimore 5 Texas 3

Kansas City 1 Tampa Bay 0 (10 inn.)

Minnesota at Oakland

Cleveland at Seattle

Monday's results

Tampa Bay 5 Kansas City 1

Minnesota 7 Oakland 2

Chicago White Sox 9 N.Y. Yankees 6

Texas 5 Baltimore 1

Seattle 5 Cleveland 3

Wednesday's games

All times Eastern

Kansas City (Mendoza 7-8) at Tampa Bay (Shields 11-7), 1:10 p.m.

Minnesota (Hendriks 0-5) at Oakland (Milone 9-9), 3:35 p.m.

Cleveland (McAllister 5-4) at Seattle (Iwakuma 4-3), 3:40 p.m.

Toronto (Laffey 3-4) at Detroit (A.Sanchez 1-3), 7:05 p.m.

L.A. Angels (Weaver 15-3) at Boston (Buchholz 11-3), 7:10 p.m.

Baltimore (Tom.Hunter 4-7) at Texas (D.Holland 7-6), 8:05 p.m.

N.Y. Yankees (P.Hughes 12-10) at Chicago White Sox (Sale 14-4), 8:10 p.m.

Thursday's games

Toronto at Detroit, 1:05 p.m.

L.A. Angels at Boston, 7:10 p.m.

Oakland at Tampa Bay, 7:10 p.m.

Minnesota at Texas, 8:05 p.m.

AL LEADERS

	G	AB	R	H	Avg.
Trout LAA	99	400	96	137	.343
McBarrera Det	121	475	82	157	.331
Jeter NYY	120	513	76	167	.326
Mauer Minn	112	418	67	134	.321
Revere Minn	84	354	47	112	.316
Ortiz Bos	89	320	65	101	.316
Konerko ChiW	105	393	51	123	.313
AJackson Det	99	391	76	121	.309
Fielder Det	121	440	66	136	.309
AdGonzalez Bos	120	469	63	144	.307

Runs — Trout, LA, 96; **McBarrera**, Det, 82; **Kinsler**, Tex, 82; **Granderson**, NY, 81; **Hamilton**, Tex, 78.

RBI — **McBarrera**, Det, 104; **Hamilton**, Tex, 102; **Willingham**, Min, 91; **Fielder**, Det, 88; **AdGonzalez**, Bos, 85; **Pujols**, LA, 85; **ADunn**, Chi, 84.

Home Runs — **ADunn**, Chi, 36; **Hamilton**, Tex, 34; **Granderson**, NY, 32; **Encarnacion**, **Toronto**, 31; **Willingham**, Min, 31; **McBarrera**, Det, 31.

Stolen Bases — Trout, LA, 39; **RDavis**, **Tor**, 38.

Tuesday's games not included

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Washington	77	46	.626	—
Atlanta	70	53	.569	7
New York	57	66	.463	20
Philadelphia	57	66	.463	20
Miami	56	67	.455	21

CENTRAL DIVISION

	W	L	Pct	GB
Cincinnati	75	49	.605	—
Pittsburgh	67	55	.549	7
St. Louis	66	56	.541	8
Milwaukee	56	66	.459	18
Chicago	47	75	.385	27
Houston	39	84	.317	35½

WEST DIVISION

	W	L	Pct	GB
San Francisco	67	55	.549	—
Los Angeles	67	56	.545	½
Arizona	62	60	.508	5
San Diego	54	70	.435	14
Colorado	48	73	.397	18½

Tuesday's results

Colorado 6 N.Y. Mets 2

Cincinnati 5 Philadelphia 4

St. Louis 7 Houston 0

Washington 2 Atlanta 1

Milwaukee 5 Chicago Cubs 2

Miami at Arizona

Pittsburgh at San Diego

San Francisco at L.A. Dodgers

Monday's results

San Francisco 2 L.A. Dodgers 1

Colorado 3 N.Y. Mets 1

San Diego 3 Pittsburgh 1

Miami 12 Arizona 3

Philadelphia 12 Cincinnati 5

Washington 5 Atlanta 4 (13 inn.)

Milwaukee 9 Chicago Cubs 5

Wednesday's games

All times Eastern

Chicago Cubs (T.Wood 4-9) at Milwaukee (Gallardo 12-8), 2:10 p.m.

Miami (Ja.Turner 0-0) at Arizona (Miley 13-8), 3:40 p.m., 1st game

Pittsburgh (Ja.McDonald 11-5) at San Diego (Werner 0-0), 6:35 p.m.

Atlanta (Medlen 4-1) at Washington (De-twiller 7-5), 7:05 p.m.

Cincinnati (Arroyo 9-7) at Philadelphia (Wor-ley 6-8), 7:05 p.m.

Colorado (Francis 4-4) at N.Y. Mets (Harvey 2-3), 7:10 p.m.

Houston (B.Norris 5-10) at St. Louis (Lohse 12-2), 8:15 p.m.

Miami (LeBlanc 2-2) at Arizona (Skaggs 0-0), 9:40 p.m., 2nd game

San Francisco (M.Cain 12-5) at L.A. Dodgers (Capuano 11-8), 10:10 p.m.

Thursday's games

Colorado at N.Y. Mets, 1:10 p.m.

Houston at St. Louis, 1:45 p.m.

Cincinnati at Philadelphia, 7:05 p.m.

Atlanta at San Francisco, 10:15 p.m.

NL LEADERS

	G	AB	R	H	Avg.
McCutchen Pgh	118	446	86	157	.352
McBarrera SF	113	459	84	159	.346
Posey SF	111	395	56	129	.327
DWright NYM	118	457	74	140	.320
CGonzalez Col	108	428	78	137	.320
Y Molina STL	103	385	47	122	.317
Braun Mil	113	438	79	134	.306
Fowler Col	112	369	67	112	.304
Altuve Hou	113	452	68	137	.303
Holliday STL	118	455	76	137	.301

Runs — **McCutchen**, Pit 86; **McBarrera**, SF, 84;

Bourn, Atl, 83; **Braun**, Mil, 79; **CGonzalez**, Col, 78.

Tuesday's games not included

TIGERS 5, BLUE JAYS 3

	AB	R	H	BI	BB	SO	Avg.
RDavis If	4	0	1	0	0	0	.256
Rasmus cf	4	0	0	0	1	1	.237
Encarnacion dh	5	2	2	1	0	2	.291
Cooper 1b	4	1	3	1	0	1	.297
YEscobar ss	4	1	1	1	0	0	.246
KJohnson 3b	3	0	1	0	0	2	.229
Sierra ph	1	0	1	0	0	0	.333
McCoy pr-2b	0	0	0	0	0	0	.208
Vizquel 3b	3	0	0	0	1	1	.210
Mathis c	4	0	1	0	0	0	.220
Gose rf	4	0	0	0	0	3	.192
Totals	36	3	10	3	2	10	
Detroit	AB	R	H	BI	BB	SO	Avg.
A.Jackson cf	5	1	3	0	0	0	.313
Infante 2b	4	0	1	2	1	0	.287
McCabrera 3b	4	0	0	1	0	0	.328
Fielder 1b	2	0	1	0	2	0	.310
Jh.Peralta ss	3	0	0	0	1	0	.259
D.Young dh	3	0	2	1	1	0	.268
Jr.Baker rf	2	0	0	0	1	0	.277
Berry if	0	0	0	0	0	0	.274
Dicks If-fr	3	2	1	0	1	0	.332
Laird c	2	2	0	2	0	0	.283
Totals	28	5	8	4	9	0	
Toronto	000	001	020	—	3	10	0
Detroit	122	002	00x	—	5	8	2

E—Vizquel (3), RDavis (8), LOB—Tor 9, Det 10.

ZB—Cooper 2 (11), Mathis (10), AJackson (22), Fielder (24), Her—Encarnacion (32), of 11), YEscobar (39), Infante 2 (13), McCabrera (105), D.Young (5), S—Berry, SF—McBarrera (105).

IP H R ER BB SO NP ERA

R.Romr L, 8-11 5½ 7 5 5 8 0101 5.63

Lincoln ½ 1 0 0 1 0 17 6.17

Loup 1 0 0 0 0 0 8 2.37

Lyon 1 0 0 0 0 0 7 1.38

Detroit IP H R ER BB SO NP ERA

Scherzer W, 13-6 7 5 1 2 8112 4.27

Dotel ½ 3 2 2 0 1 24 3.32

Coke 0 1 0 0 0 0 3 3.78

Beard H, 24 ½ 0 0 0 0 1 3.31

Valverde S, 25-28 1 1 0 0 1 21 3.55

T—W54, A—39, 499 (41,255).

BLUE JAYS STATISTICS

BATTERS

	AB	R	H	BI	RBI	Avg.
Sierra	44	5	14	2	5	.318
Encarnacion	425	73	123	31	82	.289
Cooper	134	15	38	4	10	.284
Lawrie	397	59	112	9	40	.282
Davis	301	49	77	6	33	.256
Escobar	443	51	109	7	38	.245
Bautista	328	63	68	16	65	.244
Arnebia	281	36	68	16	50	.242
Rasmus	434	56	104	20	66	.240
Johnson	408	52	93	14	46	.228
Lind	198	17	45	8	27	.227
Mathis	155	21	34	7	20	.219
Vizquel	116	11	25	0	3	.216
McCoy	24	4	5	1	6	.208
Gose	74	9	15	0	2	.203
Heschawaria	20	1	5	0	1	.167

PITCHERS

	W	L	SV	IP	SO	ERA
Mathis	0	0	0	2.0	0	9.00
Jenkins	0	0	0	8.0	3	1.13
Loup	1	0	1	12.0	22	1.50
Lyon	2	2	2	44.0	42	1.84
Janssen	1	1	1	16.472	48	2.27
Loup	0	2	0	18.0	12	2.50
Morrow	7	4	0	77.2	67	3.01
Villanueva	6	3	0	87.0	90	3.10
Perez	2	2	0	42.0	39	3.43
Delabar	3	1	0	47.0	63	3.83
Fraser	1	0	1	36.0	45	4.00
Hutchinson	3	5	0	58.2	49	4.60
Drabek	4	7	0	71.1	47	4.67
Laffey	4	3	0	67.0	37	4.70
Alvarez	7	11	0	147.0	56	4.84
Happ	2	1	0	23.0	24	5.09
Romero	8	10	0	149.2	104	5.53
Johnson	0	0	0	11.0	8	6.55
Santos	0	1	2	5.0	4	9.00
Coele	0	1	0	6.1	112.79	

Tuesday's game not included

A family-friendly fuel saver



ALL PHOTOS WHEELBASE

5
DRIVE

Engine

The hybrid features a 156-horsepower 2.5-litre four-cylinder engine that coordinates with a 141-horsepower electric motor for a combined 200 horsepower. That's up from the 2011 Camry's total of 187 horses, but a weight reduction of about 115 kilograms helped give the hybrid plenty of uphill and passing prowess.

2012 Toyota Camry Hybrid

- **Type.** Four-door, front-wheel-drive mid-size sedan.
- **Engine (hp):** 2.5-litre DOHC I4 with electric motor (200, combined).
- **Mileage:** L/100 km (city/hwy) 4.4/4.9.
- **Base Price (incl. destination):** \$28,600.

Stretch-out room

The Camry hybrid's true strength, especially on long trips, is providing plenty of comfortable stretch-out room for front and rear-seat passengers alike. It's like getting mid-size accommodations, but with the fuel consumption of a compact car.

A minor drawback is

the 13 per cent reduction in trunk volume when compared to gasoline-only Camry, which isn't overly generous to begin with. With an on-the-road starting price of \$28,600 for the LE model, it's only about \$1,000 pricier than the smaller and more sluggish Prius.

That makes the Camry hybrid a family-friendly fuel saver without equal.



There's less trunk space in the hybrid than the standard Camry.

Review. Camrys are known for their spaciousness, but the Hybrid adds low-fuel consumption to the package

MALCOLM GUNN

Wheelbase Media

Cutting fuel consumption is only one of this Camry's many tricks, as a week of city and highway travel reveals.

Not with a bang but a whimper is how T.S. Eliot's poem *The Hollow Men* concludes. That also pretty much describes how Toyota's latest Camry Hybrid starts up.

Pressing the hybrid's "ON" button initially produces nary a sound, but does cause the dashboard gauge pods

and control panel to glow.

But wait a few seconds and the gasoline engine portion of the duo gently comes to life as a reminder that it too is an integral part of the powertrain.

Studying the intricacies and idiosyncrasies of the Camry Hybrid involved a 3,000-kilometre excursion across a variety of city and country thoroughfares. From the outset, the idea

was to drive the Camry as if it were any gasoline-powered vehicle.

On the highway the general flow of traffic was matched, which usually meant driving 15-25 km/h above the posted limits, with occasional passing bursts above that range.

When all was said and done, the Camry hybrid performed admirably. Average real-world fuel economy remained consistently in the

6.7-7.1 l/100 km range in combined city/highway driving. That's nowhere near Transport Canada's unrealistic claim of 4.7, but it's still pretty decent given the hot weather and use of A/C, load factor and exuberant driving circumstances.

The Camry hybrid is a competent piece of eco-hardware and without question is a cut or two above the first-gen model.

On the Web



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Check used Nitro for transmission issues

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2007 to 2011
Dodge Nitro

JUSTIN
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Nitro brought Dodge's presence to the utility vehicle scene occupied by models like the Nissan Rogue and Hyundai Santa Fe.

Driver-selectable four-wheel drive, plenty of ground clearance and a solid rear axle made this a family-ready ute that could handle towing and off-road use with ease.

Trim levels started with SE for a 'basic' Nitro, with SXT, SLT and R/T filling the model range from less to more loaded.



TORSTAR NEWS SERVICE

Common Issues

Be sure to "feel" for any signs of transmission slippage or a "shudder" at lower speeds and under light loads — which could indicate a problem with the transmission or torque converter, or the computer that controls them. If the transmission exhibits any of these symptoms, be sure to have it checked. Some owners have reported transmission or torque converter replacement under warranty.

Have a mechanic inspect your candidate for signs of oil leakage — particularly around the rear of the oil pan, and at the rear differential. Be sure any leaks are remedied ahead of your purchase.

Finally, check the ceiling liner and front footwells for signs of moisture that could be caused by a leaky sunroof, if equipped.

Engine



Power came from a 3.7-litre, 210-horsepower V6, or a 4-litre V6 with up to 260 horsepower. Manual and automatic transmissions were available.

What Owners Like



Nitro owners rate ride, handling, flexibility, confidence, and all-season traction highly. The upgraded stereo is well liked, as is the styling and overall "bang for the buck" where feature content is concerned.

What Owners Dislike



Common complaints include limited footwell space, limited headroom for taller drivers, and a long reach for the gear shifter.

Verdict

Styling, driving dynamics and a high degree of capability and utility are the largest draws to the Nitro as a used buy. Seek the advice and approval of a trained Dodge mechanic ahead of your purchase.

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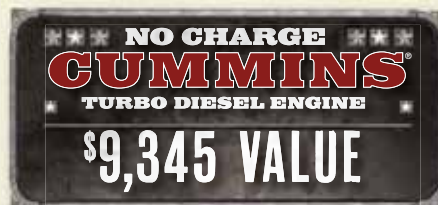
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GUTS - GLORY  **RAM**

Tips for finding the perfect used car

The new school year means new classes, new friends and, for many students, a new commute. Most students have to hit the road before they can hit the books, so finding a reliable car on a student budget is the semester's first lesson.

Whether you're a student heading to your first new home away from home, or looking for a cool but reliable way to get to class, there's still time to find the perfect used vehicle. Here are some practical, simple tips to help you find the perfect car on a budget, as well as a list of the most reliable used cars under \$10,000.

- Always ask the seller for the Used Vehicle Information Package (UVIP) and request a copy of the vehicle's CarProof Vehicle History Report.

- Have a professional inspection done by a licensed technician. This can help avoid unanticipated problems and expenses later on.

- Arrange the test drive when the engine is completely cold to get a better idea of how the car starts, regardless of how long it's been parked.

- Count the kilometres. You may need to consider some maintenance when a vehicle has accumulated over 100,000.

Top 5

Kijiji Canada's top back-to-school cars (under \$10,000):

- **2005 or 2006 Honda Civic:** Sporty, fun, and reliable, this has been a top seller in Canada for over the past 10 years, so there are lots to choose from.
- **2005 or 2006 Mazda3:** A great alternative to the Civic, but a bit more stylish.
- **2007 or 2008 Hyundai Elantra:** A few years newer than most of the other models on the list, the Elantra is a reliable, comfortable, and predictable car.
- **2004 Ford Mustang (V6):** More attitude and character than most cars at this price point.
- **2007 or 2008 Pontiac Vibe:** While GM retired the Pontiac brand, the Vibe is a still a versatile hatchback with lots of space. **NEWS CANADA**



It's a good idea to have a licensed technician perform a professional inspection before you make a used car purchase. **NEWS CANADA**

What do I ask when getting an oil change?



The quality of an oil filter does make a difference. **NEWS CANADA**

Oil changes are probably the most common of automotive services — performed so frequently that consumers may often pass up the opportunity to get more for their service dollar.

With automakers trying to gain increased efficiency, the "ordinary" oil change is becoming more comprehensive. Not only are companies recommending synthetic motor oil, but many automakers are developing their own oil specifications.

"The best way for consumers to ensure that they're get-

ting optimal protection and using a product that meets factory specs is to ask a few questions to their service provider," says Jay Buckley, an ASE-certified master mechanic and technical training manager at Fram Group. Doing your homework by reading the owner's manual is always a plus, he notes, but simply knowing what to ask will go a long way. Here are Buckley's recommendations:

Ask what's included in the service

Many dealers and service stations bundle several different in-

spections in with the oil change. It's a great time for a mechanic to inspect brakes, hoses and undercar components to help stop a small problem from becoming a big and expensive one. In most cases, these additional inspections are a bargain.

Ask if the right specification of motor oil is being used

Oil-change facilities like to use "bulk oil," which as the name implies, is a single viscosity grade and specification of oil bought in bulk from a supplier. It will often suffice for many

motor vehicles, but certainly not all. If your car or SUV requires a specialized formula of motor oil, such as high-efficiency 0W-20 synthetic, or a manufacturer's specification, such as GM dexos, this "standard" oil may cause problems and potentially invalidate the new-car warranty.

Ask if a premium oil filter will be installed

Often overlooked during an oil change is the quality of the oil filter. A premium filter, such as Fram UltraTM, can trap more damaging dirt from circulat-

ing through your engine. In standardized tests, this filter had double the dirt-holding capacity of the leading economy filter brands' average. The ability to trap and hold harmful particles for as much as 24,000 km becomes much more important as automakers extend service intervals, often to just once a year. How your mechanic handles these questions can help you determine if you trust his or her work. Not only that, but you'll become an informed consumer, more knowledgeable about protecting your auto investment. **NEWS CANADA**

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Evolution of the convertible

Auto Know.

It's been a long and winding road for the topless symbol of summer

TODD
D. BURLAGE
Wheelbase Media

Hardtop convertibles are all the rage because they're weather-proof, they quiet down the ride and are rather cool to watch go up and down, actually. The Mercedes SLK, the Mazda Miata PRHT, the Volkswagen EOS and even the Ferrari 458 Spider put metal where cloth used to be. Push a button ... it's just that easy.

But even on the best days, a modern convertible will cook your head and vehicle interior when the weather is sunny and then freeze you out when the weather turns cold. Put in that context, it's tough to define — or even understand — the popularity turbulence of the American convertible in its 85 years on the road.

The automotive anomaly went from a curiosity in the 1930s, to a tragic James Dean snapshot of the 1950s, to near extinction in the 1970s, to resurrection in the 1980s ... and everywhere in between along the way.

Demand for the convertible will never reach the levels of the 1950s and 1960s when the 19-foot Lincoln Continental led the list of "Land Yachts" that became standard equipment on North American roadways.

But with convertible classics

such as the Chevrolet Camaro and Corvette and the Ford Mustang on the 2013 product list, this topless symbol of summer and a staple of driving freedom remains strong.

"Whether it's enjoying a lazy drive on a winding two-lane or cruising to a local drive-in," Rex Roy wrote in a recent tribute story for Popular Mechanics. "Summer and convertibles go together like lemonade and ice tea."

The evolution of the convertible has been dramatic, mainly because automakers and engineers have spent decades chasing design flaws caused from all the moving parts needed to open and close or attach and detach the roof.

In the beginning, all cars were open air because they were nothing more than motorized horse buggies, where design efforts centred on engine performance and reliability, not on creature comforts ... like a proper roof and side glass or a heating system that could keep the glass from fogging up in a fully enclosed vehicle.

The demands for improved safety and shelter led Cadillac founder Henry Leland to introduce the fully closed body design in 1905. By 1925, the closed-cabin vehicle controlled 90 per cent of the market, essentially cutting out the open-air era, but not deterring an underground push for a true "convertible" that would balance the freedom of openness with the comfort of enclosure.

The convertible needed a breakthrough, and it got one in 1939 when Plymouth introduced the first power-controlled top.

The convenience of the

Quote

"Summer and convertibles go together like lemonade and ice tea." Rex Roy

power top was a brief boon, but the fruits of those improvements would have to simmer as automobile production in North America was all but halted for six years during the Second World War from 1939-'45.

But a booming post-war economy, consumer confidence, fresh designs from General Motors and some slick concepts from Ford helped push demand for the convertible through the 1950s to more than five per cent of all new car sales, it's highest level on record.

Ford controlled much of the

convertible market in the 1950s with its popular Thunderbird and Fairlane models. General Motors, meanwhile, was making a mark with its "hardtop" convertible design in the Cadillac Coupe de Ville and Buick Roadmaster. The hardtop convertibles were constructed with fixed roofs and not built with the manual top-off, top-on design. But the pillarless look and disappearing side windows offered the feel of a convertible with the added protection and safety of a closed vehicle. But, when it was off, the roof needed to go someplace, which was far from handy on long journeys.



Mazda began offering a power retracting hard top for the MX-5 Miata since the 2007 model year. Great looking and more security, although there's an obvious sacrifice when it comes to luggage space when the top is folded away.

The popularity of Ford models and the success of the GM hardtops kept convertible demand levels at about six per cent of the automotive market through the 1960s, and right up until social events and economic failure ended the Glory Days and put the North American convertible on the endangered list. The carefree attitude of the 1950s and '60s gave way to the recessive '70s with two oil embargoes, government proposals for expensive roll-over crash protection, and a general disapproval in the quality control of domestic automakers. Manufacturers continued to drop convertibles from their assembly lines and in 1976, Cadillac announced its Eldorado would be the "last convertible in America," prophetically holding that distinction until Chrysler saviour Lee Iacocca unveiled the wildly popular Chrysler LeBaron convertible in 1982.

After a five-year hiatus, manufacturers were again making convertibles and Iacocca was being celebrated for

saving both Chrysler and the North American convertible.

Ford and GM followed suit and converted their popular-selling Sunbirds, Cavaliers, Mustangs and Camaros, while Chrysler continues to manufacture its popular Sebring (now 200) convertible.

European and Asian automakers offer a more eclectic lineup for convertible enthusiasts and budgets but most significant is that most sports cars were convertibles, whether MGs, Triumphs or the amazing Austin Healey Hundred.

Of course, the unmatched comfort of the traditional closed-air sedan will always keep the convertible in its isolated place among new car buyers, but the convenience of the metal folding top is helping to make it easier to justify what was once considered a frivolous second-car purchase.

A convertible as a primary mode of transport? Yes, indeed, as they now merge somewhat sensible transportation and wind-in-your hair freedom into one vehicle.

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The Volkswagen EOS's mechanical tricks are fun to watch and when the roof is down it looks like it was designed that way. It holds four people and with front-wheel-drive and good tires, it could be used all year. ALL PHOTOS WHEELBASE MEDIA



The Ferrari 458 Spider has a retracting hard top that tucks in overtop of the V8 engine. It's designed so the occupants can hear each other at 200 km/h. You're not driving it in the winter, but you won't get soaked if you're caught in a downpour.

Top Gear



Three-in-one light

No vehicle should be without some form of emergency lighting. The Glove Box Light from Smittybilt is really three flashlights in one since it features a light emitting diode (LED) laser light, an eight-LED spotlight and a 16-LED wand light, all in one neat little package. The Glove Box Light has been designed for maximum brightness with minimal energy consumption so that the three AAA batteries included with the product will last a long time. In addition, the magnetized base lets you stick it to most metal surfaces, which is very handy when making repairs underneath your car. The Glove Box Light is available in a variety of colours, including black, silver, red, blue and clear for \$16 US each. The place to order yours is smittybiltdepot.com.



Have a blast

If you're fanatical about cleaning your car, you'll want to consider an Air Force Blaster from Metro Vacuums. The device blows warm, filtered air onto your vehicle and reduces the risk of leaving scratches or swirl marks caused by using cloths or towels that could occur from wiping your car dry. And with its narrow nozzle head it can get at hard-to-reach seams, grilles, door gaps, etc., on the exterior as well as interior areas, all without leaving any streaks or water spot marks. The manufacturer also claims it's safe to use on all painted and chrome surfaces and will not disturb a waxed finish. Prices range from about \$170 for the basic four-horsepower model, up to \$322 for the eight-horse Master Blaster unit. All the details and where-to-buy info can be found at cardryer.com. **WHEELBASE**



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Local motorcycle showman Jason Thompson rides a wheelie during the weekend at the inaugural SouthSide Bethlehem Bike Show in Bethlehem, Pa. STEPHEN FLOOD/EXPRESS-TIMES, THE ASSOCIATED PRESS



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Driver training best left to non-parents

Autopilot



AUTO PILOT
Mike Goetz
drive@metronews.ca

Sixteen candles light up Amelia's birthday cake. They also produce an invisible cloud of angst, which settles nicely in her father's psyche.

Looming directly ahead: The Year Amelia Learns to Drive.

The father is an automotive journalist, and more than familiar with the statistics, which show teenage drivers are particularly good at crashing.

Young people like to travel in packs. Net result: A motor vehicle accident is the leading cause of death for people 15-24 years of age (Statistics Canada). That group had 2,247 total deaths in 2007 — 703 were due to motor vehicle accidents.

His line of business has also made him ruminate quite a bit on how one should go about driving a motor vehicle.



You can never start not listening to your father too early. Amelia Goetz, around 1 1/2 years old, behind the wheel of her father's Jaguar and not looking at all where she's driving. CONTRIBUTED

Family members have even mentioned, on several occasions, that he might ruminate about such matters a bit too much. So he wonders if he

might be too harsh a critic for a burgeoning driver, and for one he is already holding his breath for...

He also understands that

maybe he knows the student too well. He cannot forget, for instance, all the absent-minded manoeuvres and poor decision-making she displayed

when she was four.

The father also remembers how he was taught to drive by his own father — a generally successful endeavour, punctuated

by a memorable blow-up that made suppers awkward for several weeks later, until respective tempers cooled down. The student at the time always thought that a professional instructor would not have gotten quite that angry at him for "almost" driving into a big fence post. (Though time has seen that student sympathize a bit more with his old man, and that man's feelings for his prized, brand-new 1973 Plymouth Fury II.)

All this made the current father wonder if he was the right man for the job.

It was always the family's plan to get Amelia into a professional driving course at some point. What harm would it do, for the father to first teach her some basics?

So when Amelia recently obtained her beginner's licence (known as G1 in Ontario), and requested a first lesson from her father, the father said "OK."

While Amelia meandered around the Loblaw's parking lot somewhat inconsistently, the father forced himself to be especially calm, encouraging, and instructive. He took solace in the fact that this particular student always came through in the end, always took responsibility, and could already do many clever things. He took pains not to instruct too much. He thought things went well.

Funny then, that Amelia remembers it differently. She remembers her father being too tense and nervous, too wordy, and too critical. It was an environment, she says, not at all conducive to learning a difficult task.

Driver training is best left to the professionals — they know their stuff, and they're not the parents.

Century-old technology helps current hybrids

Driving Force.

Atkinson cycles decrease power in engines, but increase fuel efficiency

JILL MCINTOSH
drive@metronews.ca

It's been said that "everything old is new again." That's definitely the case with the Atkinson cycle engine, which is used on several hybrid vehicles, including the Toyota Prius. This modern technology is based on a system devised by James Atkinson back in the 1880s.

"You're drawing more energy out of the gasoline," says John-Paul Farag, manager of advanced technology and

powertrain at Toyota Canada. "There's no extra maintenance, and it doesn't feel any different, but it's a different way of timing the valves to squeeze more power out of the fuel."

Engines contain pistons, which move up and down to turn a large central crankshaft that eventually powers the wheels, much the same way

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that your legs go up and down to pedal a bicycle. The pistons are powered by gasoline, and the length of their movement is called the stroke. Each piston makes four strokes per cycle: drawing in gasoline vapour, compressing it, providing the power, and then pushing out the exhaust.

By adjusting the opening and closing of the valves that let in the gasoline, engineers can adjust the length of each stroke. In an Atkinson cycle,

the piston strokes are manipulated to be as fuel-efficient as possible.

This means the engine isn't as powerful, which is why the Atkinson cycle isn't used in regular vehicles.

"What we're trying to achieve is a much more efficient cycle, but the drawback is at the expense of power," Farag says. "It's ideal for hybrids, because they have electric motors to compensate."

When more power is needed,

such as for acceleration — power that a regular Atkinson cycle engine wouldn't be able to provide on its own — the hybrid's electric motor runs in conjunction with the gasoline engine to give the driver what's needed. While hybrids traditionally get their best mileage in the city, the Atkinson cycle also allows them to achieve excellent fuel economy on the highway, since the electric motor and gasoline engine work together.

Horoscopes

Aries

March 21 - April 20

If you look at the big picture today while leaving the details to other people, you will come unstuck. One detail in particular, if neglected, could cause you all sorts of problems, especially at work.

Taurus

April 21 - May 21

You may be generous by nature but there are times when you need to do less for others and more for yourself, and this is one of them. What is it you most desire? Go out and get it today.

Gemini

May 22 - June 21

The Sun's move into one of the more emotional areas of your chart will show you how you have been neglecting family and loved ones. It's not too late to do something about it but start now.

Cancer

June 22 - July 23

If you are bored with the same old places and the same old faces, why not get up and get on the move? If you think about it, there is nothing to hold you back — though that won't stop some people from trying.

Leo

July 24 - Aug. 23

The Sun moves into the money area of your chart today, so you need to pay attention to your spending habits. If you have been living beyond your means then cutbacks have to be made. No, not later — right now!

Virgo

Aug. 24 - Sept. 23

A new solar year begins today and already you can sense that it will be a special one. Never mind about all those promises you made and never lived up to — dare to dream and your dreams will come true.

Libra

Sept. 24 - Oct. 23

You may not have achieved as much as you wanted to by this stage of the year but don't feel bad about it because there is still time to make a difference. You have so much to look forward to, so smile.

Scorpio

Oct. 24 - Nov. 22

Anyone who thinks you are too cautious will be surprised by the things you get up to over the next few days. You have the planets' permission to, if not break the rules exactly, to at least bend them a little.

Sagittarius

Nov. 23 - Dec. 21

You won't be content with minor victories today — you want to show the world that you are the best at what you do. Ambition is a wonderful thing, but do you have self-knowledge to go with it?

Capricorn

Dec. 22 - Jan. 20

The Sun's move into your fellow Earth sign of Virgo marks the start of a four-week phase when most things will go right for you. Does that mean you should take a few more chances? Yes it does.

Aquarius

Jan. 21 - Feb. 19

As an Aquarian you are used to the ups and downs of life but even you need a safe and stable place to rest once in a while. If you haven't got such a place you need to start making one now.

Pisces

Feb. 20 - March 20

The Sun in Virgo over the next few weeks will bring partnership issues to a head and that's good. There can be no more running away from your emotions — you have got to share your feelings with the world.

SALLY BROMPTON

Crossword: Famous Canadians

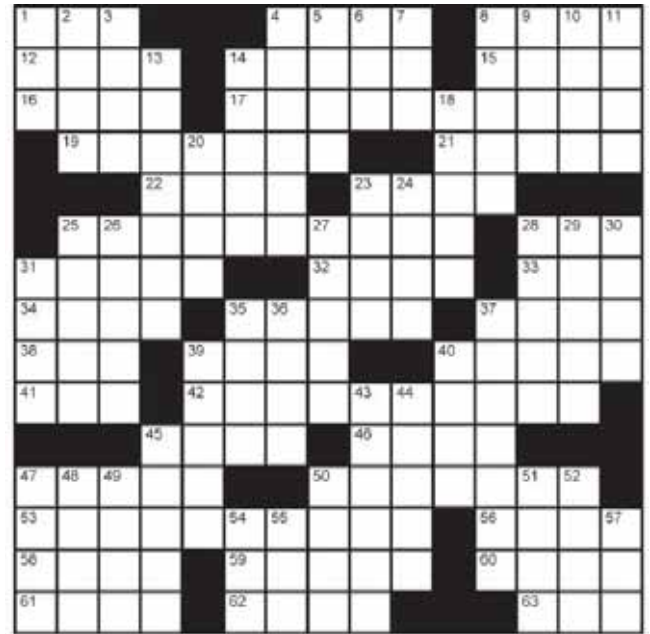
Across

1. ____ Paulo, Brazil
4. Altar end of a church
8. Operatic solo
12. A tbsp. contains three
14. Snooped
15. Throw away
16. Perhaps the most common word heard in early Beatles songs
17. Sudbury, Ontario-born *Jeopardy!* host (2 wds.)
19. Applauded
21. Lets up
22. Come ____ end: conclude (2 wds.)
23. Ball-shaped cheese
25. Art ____: Moose Jaw, Saskatchewan-born *House Party* and *People Are Funny* host
28. "Do ____ say!" (2 wds.)
31. Indian currency
32. 10 million of them equal a joule
33. Capt.'s subordinates
34. Hertz Rent-____
35. 640 make 1 square mile
37. Toronto-born classical pianist Gould
38. "Just a ____": little bit
39. Cupid
40. Icy precipitation
41. Snake warning
42. Ottawa-born star of *The Blues Brothers* and *Ghostbusters* (2 wds.)
45. 2:1 or 3:1
46. Consumes
47. "See if ____!" (2 wds)
50. Lightweight umbrella
53. Montréal-based 2011 Juno Album of the Year

- winning group (2 wds)
56. A Great Lake
58. After-dinner candy
59. John ____: first American to orbit the earth and, later, Ohio senator
60. Alta. neighbor
61. Something in one's bonnet, maybe (2 wds.)
62. Rowboat equipment
63. Fall behind

Down

1. Pig pen
2. "Be with you in ____!" (2 wds)
3. Australia's gemstone
4. Garfield's feline girlfriend
5. "The ____ Piper of Hamelin"
6. Gender
7. Summer time in Ont.
8. The ____: series starring Mr. T (2 wds.)
9. Burglarizes
10. "Mmm-hmm" (2 wds.)
11. Requests
13. Montréal-born *Star Trek* star
14. Concerning the Vatican
18. Raises
20. Jab
23. To be: Fr.
24. Grads get them: abbr.
25. George who created *Star Wars*
26. Apple tablet computers
27. ____ firma: ground beneath one's feet
28. Common trashcan site
29. Horse



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30. "It ____ your concern": "None of your business"
31. "Drat!"
35. *Diary of ____ Housewife* (2 wds.)
36. Jailbirds
37. ____ over: examines perfunctorily
39. Appended
40. Spanish equivalent of mille.
43. Aches (for)

44. Actress Black or Allen
45. Speechify
47. "____ Rock": Simon and Garfunkel hit
48. Baby's bed
49. Teenager's problem
50. Fishing site
51. Spoken
52. Bart Simpson's sister
54. Megalomaniacal feature
55. Tampa's state: abbr.

57. Heart measure, for short

Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.

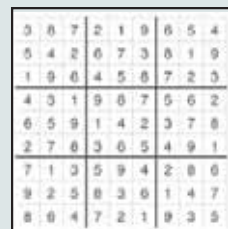


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



Weather

TODAY

THURSDAY

FRIDAY



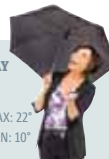
MAX: 24°
MIN: 15°



MAX: 21°
MIN: 14°



MAX: 22°
MIN: 10°



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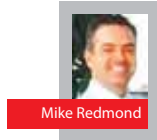
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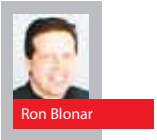
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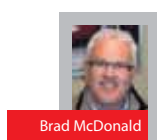


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2011 MAZDA CX-7 AWD GT #2T45660A

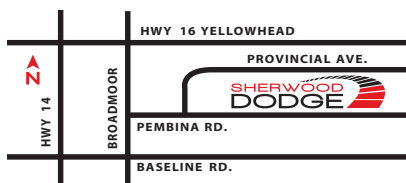
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